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Abuse case was man's second

By Andy Siering
Staff writer

EDWARDSVILLE — A Granite City man pleaded guilty Monday to raping and molesting a girl, now 10. It was his second conviction for molestation of a minor.

Earl Sidney Davis pleaded guilty in the Madison County Circuit Court in Edwardsville. He could face 15 years in prison for sexually assaulting the girl over a period of three years, beginning when she was 6.

Davis, 47, of Kirkpatrick Homes will be sentenced June 1 to a term of six to 15 years under a plea agreement reached between assistant State's Attorney Kit Morrissey and assistant Public Defender Neil Hawkins.

Davis pleaded guilty to one count of aggravated criminal sexual assault moments before jury selection was to begin.

Circuit Judge Andy Mateosian accepted the plea and set the sentencing date. Mateosian ordered Davis held without bond in the County Jail until sentencing. Davis had been held in lieu of \$100,000 bond since his arrest last August.

Morrissey said she would seek

a 15-year sentence in light of Davis' having a prior conviction for molesting an eight-year-old in Phoenix, Ariz., in 1981. Had the case gone to a jury, Davis could have received 30 years.

Morrissey said that if the case had come to a trial, the victim and three other children were prepared to testify. One had witnessed an attack on the girl. The other two children were prepared to testify that Davis had fondled them or made sexual overtures, Morrissey said.

Morrissey praised the work of the Granite City Police Department, in particular Detective Ned Tapp, who she said "did a really fine job" of investigation. Davis had threatened the girl with violence if she told anybody about the assaults, she said.

One of the witnesses, a 12-year-old girl, told police Davis had fondled her and then threatened her also with violence.

Davis also has a prior conviction for theft. Judge Mateosian would have allowed a jury to hear about the theft but not about the prior conviction for molestation, Morrissey said.

"He felt it was too prejudicial," Morrissey said.



(Staff photo by Pam Doeple)

CLEANING UP: Students of Coordinated Youth Services, Vocational Career Option, will again be participating in the Earth Week festivities. Students have cleaned litter from downtown streets for four years. In conjunction with the Tri-Cities Area Chamber of Commerce Annual Clean-Up Day this Saturday, the students will be taking part in the Adopt-A-Block Program and will be adopting Delmar Avenue from Niedringhaus to 18th Street, according to Donna Daisy, executive director of the CYS. The Adopt-A-Block Program will be continued by CYS students once a week through the school year. From left: Loretta Freeze, 16, Larry Oker, 18, and Tammy Hoffman, 16.

Meeting today on S&L sale

By Ed Gurney
Staff writer

COLLINSVILLE — A meeting will be held Wednesday in St. Louis to discuss the proposed sale of Madison County Federal Savings and Loan and four other ailing Illinois thrifts.

Approximately 20 potential purchasers are expected to attend, said Dick Fischman of the Resolution Trust Corp.

The RTC scheduled the meeting today before accepting formal bids on the institutions.

The five savings and loans are currently under the conservatorship of RTC, a federal agency.

Bids on the institutions are expected to be due in a week to 10 days. If an acceptable bid is received, the sale of Madison County Federal could be completed in May.

The thrift is based in Granite City. It has branches in Collinsville, Troy and Edwardsville.

The other institutions for sale include First Federal Savings Bank of East Alton.

Former local man crushed in mishap

HAMEL — A former Granite City man was killed Friday when a concrete panel fell on him at the Kuebler Bros. trucking company on Illinois 157 in Edwardsville.

According to the St. Louis County Medical Examiner's Office, Phillip M. Dalton, 37, of Livingston, an employee of the Paul Steinmann Trucking Co. in Hamel, was standing by as concrete panels were being unloaded from his truck.

The panels weigh 4,500 pounds each, and one fell on him, causing crushing injuries. The accident happened at about noon.

Dalton was taken first to

Anderson Hospital in Maryville where he then was transferred by helicopter to St. Louis University Hospital, where he died at 2:26 p.m. while undergoing surgery.

The accident was investigated by the St. Louis medical examiner because the death occurred in Missouri.

The accident victim had lived in Livingston for three years and worked at the trucking company for about a year.

He was buried Tuesday at Livingston. Funeral arrangements were handled by the Lesicko Funeral Home in Livingston.

An obituary is on Page 12A.

County weighing rebid of project

EDWARDSVILLE — County officials appear to be leaning toward rebidding the Madison County courthouse renovation and construction of a new administration building — in light of a shortfall in funds.

On Monday, several members of the county's buildings and central services committees were clearly in favor of rebidding the project and erecting the new administration hub as close to the original specifications as possible — at the sacrifice of extensive repairs needed to the courthouse.

When bids for the new building and courthouse repairs were opened April 3, they came in significantly higher than the architect's estimates for the work.

The project is already three months behind schedule.

Thus far the combined committees were unable to formulate a recommendation for consideration by the entire county board. Representatives of Leo A. Daly, the architectural firm hired by the county, failed to show up for the Monday meeting. The committees rescheduled their meeting for 8 a.m. today in order to have time to confer

with the architect and make a recommendation for the board when it meets at 9:30 a.m.

County Director of Administration James K. Monahan said the county has until May 25 to make a final decision on how to proceed because the bid specifications were written to include that deadline.

After conferring with the architect and Korte Construction Co. of Highland, State's Attorney Bill Haine said that officials have only two options.

"You can either take the low bid submitted by Korte or reject all of them and rebid the whole thing, with new specs rewritten in any way you want," Haine said.

County Auditor Fred Bathon told the committees that the county would be \$800,000 short if it accepted Korte's low bid. His estimate was based on existing and projected revenues, including the calculation of interest income from the sale of \$14 million in bonds for the project.

Bathon said he has strongly advised the county to write an additional 2.5 percent cost overrun figure into the project to provide for furniture and equip-

(See COUNTY, Page 12A)

Reviews and previews

BAC trustees OK tax increase

Residents in the Belleville Area College District face an increase in their property tax as a result of a 2.5-cent rate increase approved by the BAC Board of Trustees on April 7. The board voted to use the tax to pay for renovations at all three campuses, Belleville, Granite City and Red Bud, and the Programs and Services for Older Persons building in Belleville. The work will make the campuses more accessible for students with disabilities. Residents will see the increase starting with their 1990 tax bills in 1991.

Post office to close

The main Post Office, 2350 Madison Ave., will be closed due to remodeling between 5 p.m. Friday and 6 a.m. Monday, according to Postmaster Charles Parkinson. He said the Nameoki Postal Station, 3226 Nameoki Road, will be open from 9 a.m. until noon on Saturday.

Fresh Start workshops set

The Wellness Center at St. Elizabeth Medical Center will show area residents how to kick the smoking habit at two workshops. A four-week session will begin Monday, and an intensive two-week session will begin June 4. The cost is \$25. Those interested in more information may call 798-3WEL.

50 years ago

Thursday, April 18, 1940

All 14 Granite City aldermen agreed to a citywide cleanup, in which each of them would police his own ward. In cases of weeds, the street department was authorized to cut them and bill the property owners as necessary. This was expected to "prove very effective."

BAC board meeting here

GRANITE CITY — For the first time in several years, the Board of Trustees for Belleville Area College will meet tonight (Wednesday) in Granite City.

Bob Maxwell, newly appointed member of the board, and Bob J. Davis, provost at BAC's Granite City Campus, said it has been six or seven years since the board met here.

A local woman will join the board as the student member. Myra Lea Polston, a business and computer science major, was elected by students in voting held April 3-4.

The meeting will be at 7:30 p.m. in Room 316 of the local tower, 4950 Maryville Road, formerly Granite City High School North.

'Stepfamilies' require adjustments

"Our Changing Families — Who Will Do the Caring?" an annual conference is set for May 11 at the Clarion Hotel. The meeting is co-sponsored by the Suburban Journals. This is the first of a multi-part series on the family. Remaining articles will be printed in the days leading up to the conference.

by Mary Shapiro
Staff writer

Love is lovelier the second time around, the old song goes.

But children, struggling to find their place as part of a reconstituted stepfamily after their parents divorce, often find their new life bittersweet at first.

Carol Price, an associate therapist at Provident Counseling's north St. Louis County office, admits, "At the time my father remarried, I saw his new wife as only a wicked stepmother. This was despite the fact that their marriage came many years after my own parents' divorce."

"But later, I began to know her. And it was the most wonderful experience."

"Once, I had a skirt that needed hemming. I was taking a large, large stitches, so you could see them from the outside. My stepmother, who was a

Success is mutual effort

ST. LOUIS — There are a few powerfully-effective steps parents can take to help ease their children's adjustment toward becoming part of a healthy stepfamily, said Dr. Margaret Brennecke, of Provident Counseling in Crestwood.

"First of all, all the biological and stepparents on both sides need to decide on how they are going to parent."

"And that parenting needs to be consistent. You can't give children mixed messages, so everyone needs to get together

to plan and work closely."

"Brennecke emphasizes that children be told that their feelings, what they're going through, toward someone just entering a stepfamily, And that the ensuing adjustment period will take time. On average, it takes two years after a divorce to get well again."

"Children need to be allowed to express all their feelings."

"Though rule-making can't be an absolute democracy, children should have input into that decision-making process."

But the children are still making a decision on the whole thing. So what happens is they're seen as being a problem," says Douglas.

She says that children are vitally interested in staying loyal to both biological parents, so they feel guilty about beginning to like a stepparent."

Herb Tyson, lead therapist at Provident Counseling's St. Charles office, says that reconstituted families always have the potential for "have and readjustment."

"Parents tend to underestimate the tension and fighting involved. Of course, the difficulties often stem from that whole process of a child's original parents' separation and divorce. Dealing with this tends to render a family dysfunctional from the start," he says.

Children tend to blame themselves for their parents' break-up from the outset, and Tyson says their grief at being unable to keep mom and dad together interferes with accepting a stepmother or stepfather.

"Everybody coming into a stepfamily is carrying a lot of baggage," he says.

"There's an axiom in family therapy that, when someone either leaves or enters a family, there is a crisis. For kids especially, any change is a loss."

One of the inherent friction factors — say, when mom marries someone — is that, especially oldest children (accustomed to assuming more responsibility and becoming mom's confidante in a single-parent family) now have their authority taken away.

"Older children are often 'parentified,'" Tyson says.

"And, of course, when a parent gets married, the kids auto-

(See FAMILY, Page 12A)

Tip of the hat



Sharon Kays

BAC accolades

Sharon Kays of Granite City has been selected as the Belleville Area College Medical Record Student Award recipient of the Edna K. Huffman Award. The award was received at a meeting of the Illinois Medical Record Association. Kays graduated from high school in 1968, married and had two children, Ronnie, 20, and Jimmy, 14, before returning to college three years ago. Kays has remained on the Dean's High Honor Roll.

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Deaths

Mark Babbs
Wesley Brooks
Phillip Dalton
Ada Knapp

Six in vehicle charged

When an auto was stopped on a suspected traffic violation at 21st and Monroe streets at 2:04 a.m. April 13, it was noted that a 16-year-old girl was one of those in the car. The other six occupants were charged with contributing to the delinquency of a minor. They were:

• Penny A. Milosevich, 21, of the 2900 block of Lee Avenue, the driver of the car. She was also charged on a Granite City warrant with failure to appear in court to face a charge of illegal transportation of alcohol.

• Samantha A. Ferris, 19, of the 1700 block of Delmar Avenue, Eric T. Jacks, 22, of the 800 block of Lee Street in Madison and Antonio M. Avila, 20, of the 850 block of Stanton Avenue in Madison.

• Also, Eric L. Kellems, 19, of the 1600 block of Seventh Street in Madison. Kellems was also booked on a Granite City warrant for failure to appear in court to face a charge of retail theft.

• James R. Keil, 22, of the 2200 block of Lee. Keil was also charged on a warrant with failure to appear in court for driving under the influence of alcohol.

Granite City

Arrested on warrant

Anthony J. Wallace, 24, of the 2900 block of Ohio Avenue was arrested April 14 by Pontoon Beach police and charged with a Granite City warrant for failure to appear in court to face a charge of resisting arrest.

Gun in car alleged

Bernell L. Love, 29, of Brooklyn was arrested at 12:54 a.m. April 14 at 17th Street and Grand Avenue. A policeman said he became suspicious when he saw Love's car stopped next to another auto and saw a package passed between the cars.

When the policeman investigated, it was alleged, he found an open beer in Love's car and a loaded .38 caliber revolver. Love was charged with unlawful use of a weapon and failure to have a valid firearm owner identification card. Two passengers were not charged.

DUIs

Arrested following crash

Steven M. Lawrence, 31, of Holiday Mobile Home Park was arrested at 5:19 p.m. April 14. Lawrence allegedly had been involved in an accident earlier and was stopped by a Pontoon Beach policeman who spotted Lawrence's vehicle and motorist involved in the crash.

Lawrence was halted in the 3900 block of Pontoon Road. A Granite City officer then responded to the call.

Lawrence was charged with driving under the influence of alcohol and leaving the scene of an accident and was released on \$302 cash bail.

Loaded gun in tavern

Alvin E. Parker of the 2800 block of Palmer Avenue was arrested at the Tip-Top Tavern, 18th and State streets, shortly after midnight April 14. He was alleged to have a loaded .32 caliber revolver in his waistband.

Pet dog taken from yard

Sue Drury of the 2100 block of Monroe Street reported the theft of a \$400 pedigree Kaesbond dog from her yard during the night of April 13. The dog, six months old, is gray and silver.

Burglar obtains jewelry

Somebody broke into the residence of Larry Butler of the 2200 block of Grand Avenue through a basement door over the Easter weekend and stole items valued at \$6,248. Taken were \$4,700 worth of jewelry, a television, a video cassette recorder, a camcorder, a Nintendo set and a police scanner radio.

Truck looted of radios

Myrna Green of Granite City, proprietor of MGT Trucking Co., reported that somebody broke the cab window of her truck during the evening of April 14 while it was parked behind the Waffle House at West Chain of Rocks Road and Illinois Route 3. Taken were two citizens band radios and a \$179 radar detector.

Stereo equipment taken

An intruder gained entrance to the YMCA, 201 Edison Ave., during the night of April 14-15 and took stereo equipment valued at more than \$2,000. The items, taken from several parts of the building, included a turntable, a radio, a public address system and two cassette players.

Revocations

Quaid City area residents whose driver's licenses have been revoked by the Secretary of State's Office for conviction of driving under the influence of alcohol include:

Stephen J. East Sr., 41, of the 2000 block of Washington Avenue, arrested Nov. 6, 1988, convicted March 19.
Richard J. Wilson, 40, of the 1800 block of Sken Street, Madison, arrested Oct. 20, 1988, convicted March 19.

Parked vehicle looted

Guy Brown of the 1900 block of Johnson Road told police that a burglar broke a window of his car during the night of April 14-15 and took a \$175 radar detector.

Intruder obtains rings

Mildred G. Brown of Town and Country Apartments told police an intruder entered her residence during the afternoon of April 13 and took three rings valued at \$1,600.

Answering machine gone

Robert S. Crews of the 2100 block of Lincoln Avenue reported the theft of two telephones and an answering machine from his residence during the evening of April 13.

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Four cars burglarized in spree

GRANITE CITY — A series of car burglaries the night before Easter may have been committed by the same perpetrator. All were within a few blocks of each other.

A car belonging to Jack Schmitt Chevrolet and being driven by a male employee of the company had its window broken

while it was parked outside the residence of the employee, Eric Wortham of the 2900 block of Wayne Avenue. Taken was a \$170 radar detector.

The auto of Tawna D. Jill of the 2900 block of Palmer Avenue had \$3 in change taken from it.

A window was broken to gain

entry to a car belonging to Shawn D. Robbins of the 2900 block of Pershing Blvd. A \$75 guitar amplifier was stolen.

A case containing 50 cassette tapes was taken from an auto belonging to Alexander Paz of the 2900 block of Palmer.

Lawn mower, porch swing gone

A burglar broke into the garage of Joe Hamilton in the 800 block of Jackson Street during the night of April 10-11. Taken were a new Toro lawn mower and a new porch swing. His car was also burglarized but nothing appeared to have been taken.

Madison

Home door forced open
Somebody forced open the back door of the residence of

John and Norma Hillmer during the night of April 10-11 in the 1600 block of Third Street. Nothing appeared to have been taken.

Vehicle looted of radio

A thief broke a window and entered a car belonging to Richard and Debra Stiles during the night of April 10-11 while it was parked outside their residence in the 1500 block of Third Street.

Taken was a citizens band radio.

Burglar obtains radios

An intruder entered through a window April 10 at the residence of Dave Burgess of the 1900 block of Beckwith Street. Taken were a 35mm camera, a video cassette recorder, a citizens band radio, an AM/FM radio, a set of Walkman headphones and a Craftsman circular saw.

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The Wednesday Granite City Journal and the Sunday Home Journal are free distribution products that are also available by mail each week to out-of-town residents, 6 months for \$68.90; 12 months for \$137.80.

Advertising Deadlines:

Display: Sunday issue - Thursday at 3 p.m.
Wednesday issue - Friday at 3 p.m.
Thursday issue - Tuesday at 3 p.m.

Classified Liners: Sunday issue - Friday at 3 p.m.
Wednesday and Thursday issues - Monday, 4:30 p.m.



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Job fair attracts hundreds

The 11th annual job fair for students with disabilities was held April 6 at the Knights of Columbus Hall in Granite City.

Over 200 students were in attendance to talk with business and social service representatives. Approximately 40 businesses provided information.

Shell Oil Co. of Hartford was given recognition for contracts awarded to community workshops that hire people with disabilities. Steve Balen, Madison County Region I Special Education director, presented the plaque.

Rex Chronister, a special education graduate, was awarded Employee of the Year honors. Chronister has been successfully employed at Kentucky Fried Chicken for more than a year.

Students were able to talk with businesses that included: Adam's Mark Hotel, AFSCIO Human-Resource Development, Apted-Hullings, American Red Cross, Chamber of Commerce, Coordinated Youth Services, Department of Labor Apprenticeship and Training, Department of Rehabilitation.

Ellis and Associates, Goodwill Industries, City of Granite City, Granite City Park District, Granite City Steel, Granite City Steel Credit Union, Hardee's Regional Office, Hyatt-Regency Hotel, IAM/CARES, Impact, Illinois Job Service, JTA.

K mart, Madison County Community Development, Marriott Pavilion, McDonnell Douglas, Mercantile Banks, National Archives and Records Administration, Organization for Advancement of The Handicapped, Sears, Shell Oil, Social Security Administration.

Specialized Services, St. Elizabeth Medical Center, TENCIO, Venice-Lincoln Technical Center, Collinsville Wal-Mart and Willing Workers of America.

The job fair was sponsored by the Parents for Special Education and the Madison County Region I Special Education District with endorsements from the Illinois Department of Employment Security and Illinois Department of Rehabilitation Services.

Granite Blockbuster helps sway new site

By Ed Gurney
Staff writer

COLLINSVILLE — Business in Granite City helped Blockbuster Video decide to locate a video rental store in Keebler Crossing in Collinsville.

Work on the store's interior began last week. The opening is scheduled at the end of May.

Keebler Crossing developer Jon Browne said Blockbuster's decision should draw other businesses to the strip center.

"It is big news," Browne said. "It is going to have so much effect on our center. It will light the fire when they open."

The amount of business at recently opened Blockbuster stores in Belleville and Granite City caused a change in thinking about the location here, regional manager Barry Smith said. "Both those stores have been above and beyond our expectations," he said.

Blockbuster had announced in December that it was canceling its plans for a store at Keebler Crossing.

"There was always a lot of uncertainty on the east side of the river as to whether there would be enough business to

support a store," Smith said.

Blockbuster has more than 1,500 stores, including some in St. Louis. Between 15 and 20 employees, mostly part-time, will work at the Collinsville store, Smith said.

He said Blockbuster usually puts stores in places where there are at least 60,000 people within three miles. There are only about 35,000 in the vicinity of the Collinsville site.

Smith said he still considers the Collinsville site a risk. Blockbuster will join Little Caesar's Pizza and Plaza Cleaners in the strip center. Blockbuster will occupy 6,100 square feet.

Blockbuster stocks about 10,000 tapes in 34 categories, Smith said. Browne said he and Blockbuster had negotiated a buyout of the firm's four-year lease when Blockbuster reconsidered.

Under the new terms, a sign will be installed on Belt Line and a blue awning will be constructed on the store, Smith said.

K mart last November was the first store to open at Keebler Crossing, which is at Keebler and Belt Line roads.

Tax freedom day approaching

By Jason Moody
Staff writer

WASHINGTON — If you live in Illinois the chance you'll spend two hours and 45 minutes each working day to pay off your taxes, six minutes more than you would if you lived in Missouri, says a new study.

"The average U.S. citizen will work 125 days — from Jan. 1 to May 5 — just to pay off federal, state and local tax collectors," the report, by the Washington-based Tax Foundation, showed.

"Although most Americans scrambled to meet their filing deadline of April 16, you'll actually have to work nearly three more weeks to pay off your taxes," said Paul Merski, who prepared the report.

Illinois residents will work on average 125 days a year to pay

Uncle Sam and the local tax collector this year, ranking the state 14th in the country. Missouri ranked 29th, with the average taxpayer working 121 days to meet his or her tax bills.

Federal taxes account for the bulk of the burden in the states. Illinois residents pay 23.5 per-

cent of their total income to the federal government and Missourians pay 21.7 percent. State and local taxes account for 10.9 percent of total income in Illinois and 11.5 percent in Missouri.

The Tax Foundation declared May 5 as National Tax Freedom Day.

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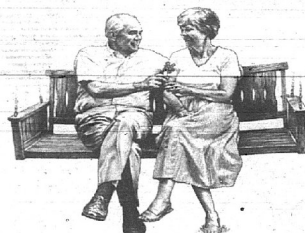
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EARTH WEEK HELPERS: Students at Maryville School are collecting pennies for a donation to Belleville Area College's new, four-acre arboretum of trees native to southwestern Illinois. Third grade teacher Norma Schroeder, pictured here with the students, is chairman of the Arboretum Fund. The fund-raising drive is part of the school's observance of Earth Week. Principal Art Menendez and some of the students will take part in the tree-planting ceremony at 2 p.m. Sunday, April 22, at the college's Belleville Campus, 2500 Carlyle Road. A plaque will be permanently erected near their tree to recognize the gift.

(BAC Photo)

Smith awarded scholarship at Monmouth

Carlie Smith of Granite City was recently awarded a Senate Scholarship from Monmouth College for the 1990-91 academic year.

Smith is the daughter of Donald and Judith Smith of Granite City.

To qualify for the competition, which was held at the college on March 10, students were required to rank in the top 15 percent of their high school class. Candidates were interviewed by members of the Monmouth College faculty and student body, and also wrote an essay on a given topic.

A senior at Granite City High School, Smith has been involved in music, volleyball, and community service work.

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The Press-Record Journal will publish a special page on April 25th Saluting Secretaries. What a great way to acknowledge their vital role in the success of your business.

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Kindergarten registration in Granite City

The Granite City School District has announced registration for children who will be entering kindergarten in August 1990 will take place according to the following schedule:

Frohardt and Lake: Monday, April 23; Niedringhaus and Parkview: Tuesday, April 24; Marshall and Mitchell: Wednesday, April 25; Maryville and Wilson: Thursday, April 26; Prather: Friday, April 27.

Parents should plan to bring their child to the school serving their area between the hours of 9 a.m. to noon or 1 p.m. to 2:30 p.m. or 4 p.m. to 6 p.m. on the date listed above.

Parents must bring the child and a copy of the birth certificate and proof of residency. Parents should bring their child to their home school.

To be eligible for registration, children must be 5 years of age before Sept. 1 and health examinations must be obtained before each child begins the fall term.

Cheerleading tryouts for freshmen

Cheerleading tryouts for the 1990-91 school year were held recently for the upper classmen at Granite City High School. Squads were chosen for both fall and winter seasons. Tryouts for incoming freshmen will be held Thursday.

April 19, at the school. Parent permission forms are available at students' respective schools or the main office at the high school. For more information, call Terri Papa at the high school, 432-5808.

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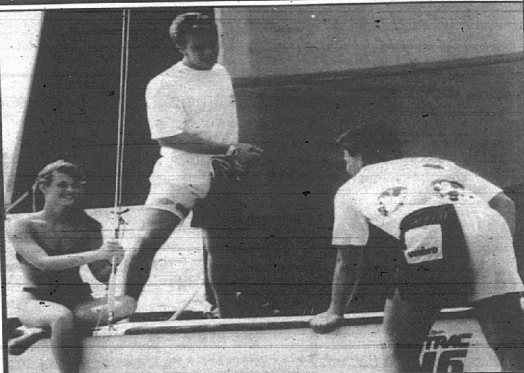
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News

Millions will mark Earth Day

By Lois Kendall
Staff writer

Residents of this metropolitan area will join 100 million people throughout the world in celebrating Earth Day 1990.

Sunday, April 22, marks the 20th anniversary of the first Earth Day, which Wisconsin Sen. Gaylord Nelson initiated in 1970 to make the nation more environmentally aware. Two million Americans participated in the initial Earth Day.

This year's event is worldwide, including 100 nations. Denis Hayes, a law student in 1970 who helped coordinate the first Earth Day, is national chairman of the 1990 event.

"We're on the threshold of the decade of the environment. We'd better do something about this mess," said Jean Ponzi, coordinator of Earth Day events in St. Louis.

The celebration here will be centered in Forest Park at a "Global Fair" Saturday and Sunday, April 21-22. The fair, featuring 110 exhibits, will be free and open to the public — noon to dusk April 21 and 10 a.m. to 6 p.m. April 22.

The exhibits will be participatory, with demonstrations, walk-throughs and displays. "They will not be merely informational, the only handouts will be from the information booths. We want a minimum of trash in the park," she said.

Exhibits will be grouped according to the topics they address, including "Biodiversity," "Recycling and Waste Reduction," "Transportation," "Global Climate Change," "Sustainable Agriculture," "Life-style," "Fine Food for a Small Planet" and "Sacred Space," a meditation area.

Food vendors will sell natural, ethnic and traditional fair favorites, with a minimum of packaging, recycled whenever possible. Entertainment will include solo performers, Suzuki violinists and bands, along with an Earth Clothes Fashion Show at 3:30 p.m. Saturday.

Heartbeat for Mother Earth, sponsored by the American Indian Center in St. Louis, will feature both American Indian and Afi Ama (African) drums beginning at noon Sunday. One of the highlights of the weekend celebration will be the "All Species Parade," which will be held both Saturday and Sunday. The parade begins at 2 p.m. at Washington and Government drives, at the St. Louis Zoo. It proceeds north on Government to Cricket Field, the site of the fair.

"The parade is a celebration of species past, present and imaginary," Ponzi said. Along with several live animals, including miniature horses and a llama, there will be scores of "man-made" mammals, including four huge, papier-mache puppets designed by River Faces, co-sponsors of the parade with the Zoo.

The puppets will represent four endangered species — grey's zebra, snow leopard, crocodile and bateleur eagle — all of which are involved in breeding programs at the Zoo.

Before the parade on both days, a mask-making workshop will be open to the public from 10 a.m. to 2 p.m. in the Zoo's Education Department. Families are invited to create their own costumes and then join in the parade.

Among the "imaginative animals" will be the KDIX-Radio Marching Leech Kazoo Band — six-foot-tall, brownish-green leeches, playing a kazoo version of "Leech Out and Touch Someone."

There also will be 25 rain-forest plant and animal costumes, created by Trinidadian artists from the D Midas Association. Musicians from Trinidad will perform their original song, which also is the Earth Day slogan: "Who Says You Can't Change the World?"

A float, modeled after a 1900 school classroom, will be manned by costumed students and teachers and pulled by an antique John Deere tractor. Sponsored by the Science Education Department at the University of Missouri-St. Louis, the float represents conservation education, Ponzi said.

Puppy class Apr. 23

The Madison County Humane Society is offering puppy classes that begin at 6:30 p.m. April 23 at Quality Sand Co. on Illinois 157 in Collinsville. The five-week course will be taught by Karen Scopel of Glen Carbon.

The cost of the course is \$25. Puppies must have their inoculations and should be under six months of age.

Area residents may call 288-9723 or 656-4405 for further details.

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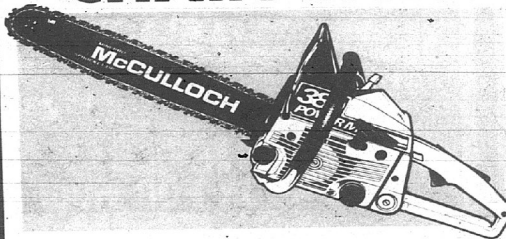
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Briefly

Optifast orientation April 25

Free Optifast orientation will be held at 7 p.m. Wednesday, April 25, in the gym at the Wellness Center, 2103 Iowa St.

The Optifast Program is a medically-supervised multidisciplinary treatment approach for patients who are more than 50 pounds or at least 30 percent over ideal body weight.

The program combines medical supervision, a modified fast, behavioral modification, nutrition education group sessions and exercise. Authorities say it is both safe and effective.

"The program is for those interested in changing their lifestyle for a healthier life. Both day and evening classes are available," said Jim Chiappa, 790-3939, program director. "Participants can lose weight under the supervision of a doctor and a specially trained staff of nurses and other medical professionals."

Tree planting on Earth Day

The U.S. Army Corps of Engineers is inviting the public to be a part of a major tree restoration project on Earth Day, April 22.

Volunteers are being solicited to plant 5,000 trees on public land adjacent to the Chain of Rocks Canal. The site is north of I-270 and south of the Lewis and Clark State Park on Illinois 4.

Groups or individuals wishing to volunteer are to preregister at the Riverlands Area Office, (314) 899-0405.

Loses lawsuit on spinal tap

A Madison County jury on April 11 decided against a man who claimed he was permanently injured when a neurologist performed a risky spinal tap.

Christopher Champion, 32, of Cloverleaf Addition, Nameoki Township, had sued Dr. Syed Ali and St. Elizabeth Medical Center of Granite City, alleging they failed to tell him that a safer test was available to determine why his eyesight was failing.

The hospital settled with Champion for an undisclosed amount.

County dog obedience training will begin April 30 at Cottonwood Mall

The County Humane Society Cottonwood Mall in Glen Carbon. course is \$35 per dog. will hold dog obedience classes starting April 30 at 7 p.m. at Leri Winans will teach the class. The cost of the 10-week

leather leads are also required.

Leashes and collars can be bought at the opening class.

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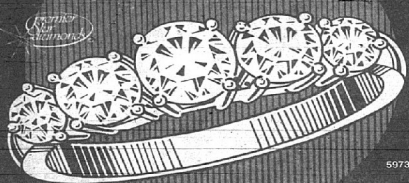
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News

Stay alert in 1990 for tax changes

By Sylvia Porter

If you have not started thinking about 1990 income tax returns, be aware that you have only about eight months in which to make adjustments.

Experts at Matthew Bender warn that this year more than ever — taxpayers need to watch for tax changes.

Legislation reducing capital gains taxes, for example, may be enacted. This means that if you are selling your house or other major assets, you may want to hang back with the prospect of being able to keep more of the profits.

Individual investment accounts may be back in a flash. Just when you thought they were gone for good, Individual Retirement Accounts, deductions may return. Some observers predict a reduction of Social Security taxes. If you expect educational assistance payments from your employer, watch out for Sept. 30. After that date, these payments are included in your income.

Kevin Bryant, CPA, who helps write Matthew Bender's Tax Return Manual, says he already is assembling his notes for 1990.

"People need to monitor their total financial situation frequently," he says. "The changes in tax laws, including the phasing out of so many deduction privileges, affect people in ways they don't think about. Taxpayers should review their benefit packages from their employers now, so adjustments can be made where possible and the greatest amounts will be non-taxable."

"Other options you should consider in planning for 1990 are listed below. (It is advisable to consult your accountant, lawyer or financial adviser to help you fully assess the long- and short-term effects of your decisions.)"

"This is the last year for the 'phase-out' of personal interest deductions. For 1990 you will be able to deduct only 10 percent of your personal interest from your taxable income. After 1990, you no longer will be allowed to deduct any personal interest (except interest on your home mortgage payment) from your personal income taxes. That means interest on your boat, computer, car and credit-card loans no longer will be deductible."

"Considering these upcoming changes, it would be smart to eliminate as much personal debt as possible during 1990. Home mortgage loan interest continues to be deductible, provided your total mortgage debt does not exceed the fair market value of your home. You also can secure up to \$100,000 of home-equity debt that can be used for any purpose, and the interest will be deductible. Be aware, however, that your home is in jeopardy if you cannot meet the repayment schedule."

"If you have realized substantial passive losses during the past few years, 1990 is a critical year for you. It is your last year to deduct any passive losses in excess of your passive income. You can take advantage of those suspended passive losses that may have accrued since 1986 if you dispose of your entire interest in the passive activities. But there is a warning: If you do decide to sell your 'passive loss' activities, the sale could trigger a gain far greater than the suspended losses that were released."

"Low-Income Housing Credit currently is one of the best tax shelters available for 1990. When it first became available, many investors were not interested, but the new wave of applying the credit to smaller investment activities like four-plex and eight-plex architectural structures has borne fruit for many investors. And because the ceiling for high-income investors (those making more than \$250,000) has been eliminated, they also can participate in this shelter."

"This year is an ideal time to reassess your estate. The many changes by Congress and the IRS may affect the dispersal of your property. Some interpretations by the IRS have been surprising and even alarming to tax planners. For example, if you give part of your business (such as your corporate stock) to your children, and you retain an interest in the company, the entire value of the appreciation on the portion of the business that you gave away may be included as part of your estate. In a recent ruling, the IRS has held the definition of 'an interest' can be as minuscule as you using the company car."

"Swapping is a good idea in 1990. There have been changes in the rules for 'like-kind' exchanges of property. This involves a tax-free exchange of like-kind property under certain conditions. But pay close attention to the rules."

CENTRAL HARDWARE



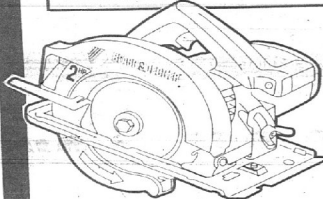
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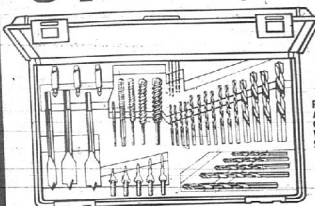
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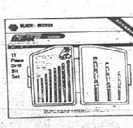
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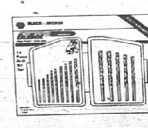
4-PIECE "BULLET" DRILL BITS MODEL 14345

4⁹⁹



11-PIECE "BULLET" DRILL BITS MODEL 14350

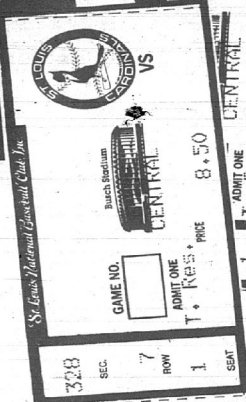
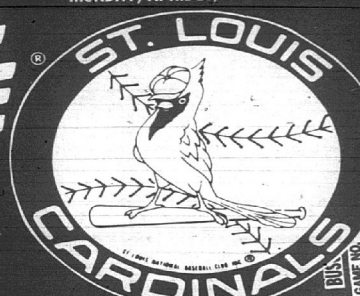
14⁹⁹



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CENTRAL HARDWARE

VFW post here hosts district meeting

Veterans of Foreign Wars state and district officers attended a recent meeting of the VFW's 12th District, hosted by Commander Helden Halls and Auxiliary President Lois Hansen at VFW Post 1300 at 2044 Washington Ave.

The two-day event started with a dinner-dance on Saturday evening and continued Sunday with business meetings.

Wayne Moore, District 12 commander from Highland Post 2494, and Auxiliary District President Shirley Brenner, a member of the Granite City post, opened the Sunday meeting by leading joint memorial services for all deceased members in the district.

Ira Brenner, district and Post 1300 chaplain, and Beverly Sauer, Auxiliary district chaplain from Staunton, conducted the roll call of deceased members and a wreath was placed on the altar commemorating the remembrance service.

Shirley Brenner announced Alice Hutto of Charleston, N.C., National VFW Auxiliary president, was to visit several Illinois auxiliary units, including a meeting in Rosemont on April 19-22.

Shirley Brenner and Sandra Thacker, District color guard, are planning to attend the Rosemont meeting.

Visiting dignitaries attending the District 12 meeting in Granite City included:

Dick Cosner, Department (state) vice commander and his wife, Beverly, from Rantoul; Lorraine Hansen of Midlothian, Department (state) senior vice president; Cindy Paris of St. Charles, Department conductor; Past Department President Carolyn Gorin of Litchfield; Artha Paris, 19th District president from Rantoul; and Charles Hansen, senior vice commander, Post 1300.

Also, State Inspector Jim Champion, who is also quartermaster of Post 1300, and his wife, Shirley, senior vice president of Post 1300; Margaret Champion, District patriotic instructor and treasurer of Post 1300; Loretta Rose, District child assistance chairman and head trustee of the local post; Mary Kay Cullin, District color guard and Post 1300 secretary; and Thacker, District color guard and local auxiliary member.

Organizations

County meeting for Homemakers

Madison County Homemakers Extension Association will hold their annual meeting on Monday, April 30, at the Rox Arena on Park Drive, Roxana.

Following a morning business meeting and luncheon, the group will be entertained by "The Patchwork Players" dulcimer musicians from Belleville.

The cost is \$6.50 with registration due by April 19 to Box 427, in Edwardsville. For more information, call 656-8400.

Ruth Circle meets in church parlor

Ruth Circle of Niedringhaus United Methodist Church met in the church parlor.

Juanita Brown read a lovely poem — prayer entitled "The Simple Things in Life."

Dorothy Frohardt presented the program, entitled "The Living Word." She also read a poem written by her Aunt Pearl Campbell, deceased member of Niedringhaus United Methodist.

Dorothy Whitmer gave the lesson for "The Least Coin" from "The Circle of Prayer."

Juanita Brown recited the poem "When Ma Cleans House."

Demova Beasley announced the "Crop Walk" to be held April 29.

"Church Women United" are conducting a Bible Study at Nameoki Methodist Church April 25 to May 23 each Wednesday.

The Spring District meeting will be held on Saturday, April 21 in Jerseyville, Ill.

The church steak dinner will be held April 20 in Wesley Hall. There will be some tickets sold at the door from 4 p.m. to 7 p.m. Tickets will also be sold at the church office for \$5.

Those attending Ruth Circle were: Joanne Kraus, hostess; Juanita Brown, Geneva Miller, Dorothy Frohardt, Mary Miller, Gladys Potillo, Clara A. Huber, Dorothy Whitmer, Betty McClintock, Delores Allen, Demova Beasley, Becky Slate.

Guest speaker at 1st Baptist

First Baptist Church, 21st St. and Delmar Ave., will have as a guest speaker, Dr. William Skas-

ick, retired professor of Missouri Baptist College at the 10:40 a.m., service Sunday, April 22.

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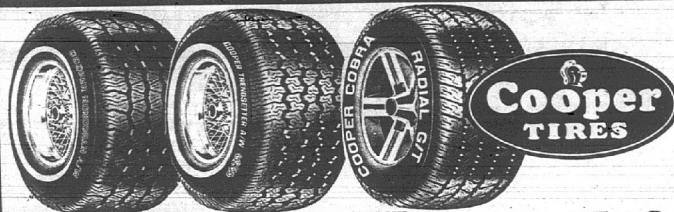
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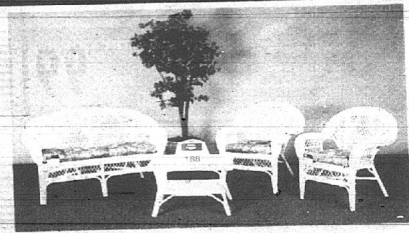
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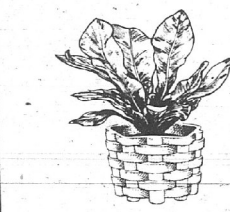
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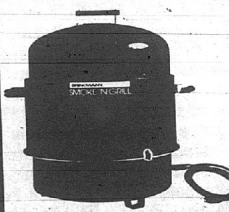


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Gateway BPW hears scholarship details

Betty Kelly, District XIV director for the Illinois Federation of Business and Professional Women, was guest speaker at the Gateway Business and Professional Women's dinner meeting at Mazzini's Restaurant in Madison.

Juanita Williams opened the meeting with the club's collect and Pauline Dubish gave the pledge of allegiance.

Kelly enlightened the members on the various scholarships provided by the National Federation of Business and Professional Women's Organization.

The Foundation Committee supervises the BPW Career Advancement scholarships, Avon Products/Foundation, Clairol scholarships and the New York Life/Foundation scholarships, she said.

Scholarships have been provided for over 6,000 women from the BPW Foundation since it was founded in 1970, Kelly said.

Through the grants, the program has provided assistance to women who could not get an education otherwise and also helped women already in the workforce to advance in their job.

The Illinois BPW has its own scholarship foundation—Cecilia M. Howard fellowship—making financial assistance available to Illinois women for the study of law and justice.

LaVelle Stephens, Foundation chairman for Gateway BPW, announced the club will award a \$150 scholarship to a member this year. Members wishing to apply should send her their resume.

Ruth Nicholas presided over the meeting and announced the 1990 state convention will be held April 19–21 at the Springfield Hilton. Members wishing to attend should contact Nicholas.

'Legacy' topic of Nameeki Women

The Nameeki Women's Club met March 21 at noon at Charlie's First Season Restaurant.

A short business meeting was conducted by President Mary McCollum. A program was given by George Engleke and Tom Bills, who discussed "The Legacy," an 18-hole golf course, residential area, restaurant and retirement home community, now under construction.

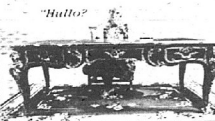
In attendance were two guests, Polly West and Edna Forcade. Members present were: Millie Meek, Doris Greve, Ella Wade, Mildred Branding, Marian Shelton, Irma Taylor, Lucille Etheridge, Lu Tabor, Maude Graham, Blanche Blake, Ethel Beeler, Mildred Jungels, Dolores Allen and Marian Mertz.

All arrangements were made by Irma Taylor and Marion Shelton.

Awards prizes were awarded to Etheridge and McCollum. The meeting was closed with the reading of a poem by McCollum.

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Organizations

Painting reviewed by Beta Gamma

"Art Appreciation" was the program topic for the recent meeting of Preceptor Beta Gamma Chapter of Beta Sigma Phi.

Cherrel Beck shared the painting "At Ivantona on Hudson" by James Tiffany, son of the famous jeweler. Beck noted that similar framed art prints are available for check out from the public library.

President Linda Koenig conducted the opening and closing rituals and presided over the election of officers, with Betty Beck becoming the president-elect.

Other officers elected were: Barbara Hente, vice-president; Marilyn Lumpkins, secretary; Cherrel Beck, treasurer; and Donna Bowen, Extension officer.

Vickie Barth reminded members of the upcoming election of officers for the sorority council.

Also in attendance was Carolyn Cernkovich and Roberta Crawford.

Swiss steak dinner Friday at church

A "Swiss Steak Dinner" will be held from 4 to 7 p.m. Friday, April 20, at Niedringhaus United Methodist Church, 20th Street and Delmar Avenue.

The event will be sponsored by the United Methodist Women's group and tickets may be purchased in advance at the church office.

The menu will consist of Swiss steak, baked potato, green beans, salad, a dinner roll, dessert and beverage.

Adult meals will cost \$5 and meals for children, between the ages of 5 and 10, cost \$2.50. Youngsters under 5 may eat free. Carryouts will also be available, organizers said.

Secretaries hear Hospice speaker

Sister Mary Louise Moser spoke on the Hospice of Madison County program at the March meeting of the Granite City Association of Education Secretaries. The group met at Jerry's Cafeteria, 1920 Edison Ave.

Volunteers are needed to help in the Hospice program, Moser said. Anyone interested in learning more about Hospice, or in serving as an HMC volunteer is asked to call 798-3399 or 656-8228.

Berta Milonin presided over the business session in the absence of President Vivian Broadwater. Past actions were read by Louise Moad and the

Also in attendance were: Connie Cornelison, Marcella Pilcher, Betty Harris, June Schneider, Zoe Mitchell, Helen Favier, Helen Toncoff, Gladys Wallace, Wanda Page, Barbara Schreiber, Arlene Smith, Marge Burdick, Frieda Andrews, Arlene Haldeman, Annette Landman, Barb Dickerson, Lucille Caban, Melanie McFarland and Frances Tingley.

treasurer's report was given.

A tentative date of May 1 was set for the next meeting when "Bosses Night" will be held at Bowland in Granite City. Sherilyn Oradough was the runner-up for the IAEOP Illinois state scholarship and will be presented with the award at the May meeting.

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SALE ENDS SUNDAY 4/22/90.

Births

Joseph T. Kuehn

Mr. and Mrs. Donald Kuehn of Alton are announcing the birth of their first child, a son, born April 9, 1990, at St. Elizabeth Medical Center. The infant was named Joseph Thomas and was born at 3:12 a.m. He weighed 8 pounds, 7 ounces.

The mother is the former Judith Morris.

Maternal grandparents are Nora Morris of Granite City, and paternal grandfather is Walter Kuehn of Fairview Heights.

Damaun A. Turner

Gregory Lorenzo Turner Sr. and Patricia Bowers of Venice are announcing the birth of their son, Damaun Allen Turner, born at St. Elizabeth Medical Center on April 6, 1990. The infant weighed 7 pounds, 12 ounces.

Maternal grandmother is Paulette Hollis of Madison and paternal grandmother is Latrice McFarland of East St. Louis.

The couple has another child, Gregory Turner Jr., 1½.

Daniel J. Geahlen

Mr. and Mrs. Kirk Geahlen of Pontoon Beach are announcing the birth of their third child, a son, born at 4:49 p.m., on April 8, 1990, at St. Elizabeth Medical Center. The infant, Daniel James, weighed 8 pounds, 5 ounces.

Maternal grandparents are Larry and Betty Roberson and paternal grandmother is Barbara Ramsey, all of Granite City.

The couple has two other children, Christina, 7, and Rachel, 18 months.

Brittany Fisher

Suzanne Fisher of Granite City is announcing the birth of her daughter, Brittany Nicole, born at 12:54 p.m., April 5, 1990, at St. Elizabeth Medical Center. She weighed 8 pounds.

Maternal grandparents are Frank and Norma Fisher, also of Granite City.

Steven A. Lohman

Mr. and Mrs. Mark Lohman of Granite City are announcing the birth of their second child, a son, born April 1, 1990, at St. Elizabeth Medical Center. The infant, Steven Allen, weighed 7 pounds, 6 ounces.

The mother is the former Julie Watkins.

Paternal grandmother is Lillian Harris and maternal grandfather is Robert Watkins, both of Granite City.

The couple has another son, Mark Steven Lohman Jr., 6.

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Joshua Wilkins

Mr. and Mrs. Jeffrey Wilkins of Granite City are announcing the birth of their first child, Joshua McGriff, born at 2:32 a.m., April 9, 1990, at St. Elizabeth Medical Center. He weighed 7 pounds, 1 ounce.

The mother is the former Tracy L. Arnold.

Maternal grandparents are Rose M. King and Larry Arnold of Granite City, and the late Joseph T. King. Paternal grandparents are Charles and Lorene Wilkins, also of Granite City.

Great-grandparents are Mr. and Mrs. Guy Zillibotti.

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•Family

(Continued from Page 1A)
 radically don't like the stepparent because their fantasy of getting mom and dad back together is shattered."

Likewise, there are role expectations brought into the new family, Tyson says.

"There are drawbacks to a stepparent coming on either too strong or being too uninvolved," he adds.

"Stepparents usually don't know how to fine-tune their participation in the new family. It can be a no-win situation."

Biological parents can sometimes make the settling-in phase a lot worse.

Says Tyson, "You'll have mom making a demand on the kids that they should love whoever it is. That's a lot of balance. You need to set realistic goals. You have to say let's live and let live and just try to have everybody respect the rules."

But Price says that there can be benefits for kids from making the jump to stepfamilyhood.

"These people, by the time they become adults, really mature fast and can adjust to new situations well," she says.

"I'm part of a stepfamily. I had to learn to get used to a new stepmother who was much younger than my mom and then go back to my mother, who was a very traditional person. But I learned to adjust and focused on the good points of both."

She emphasizes that children can benefit from having various adult models in their lives.

"It gives a child more choices, more information. And the growing process is getting information from a variety of sources and assimilating it. A stepfamily can offer many opportunities," Price adds.

"But an important step is getting a child going into this family to open himself up to the experience of a new person."

"I was lucky. My dad made a real effort to make me a part of his new family. Now, his wife is one of my best friends and children need to understand that, if

they'll open up and find out about the new person, they'll mostly find someone they like.

"They must know they're not being disloyal to biological parents by opening up to stepparents."

Elizabeth A. Carter, director of the Family Institute of Westchester in Mount Vernon, N.Y., is a nationally recognized expert in the field of family therapy.

"A significant problem, which often goes unnoticed in remarriage and a new stepfamily, is that sibling order changes with all these people living together," she says.

"When someone tries to change your place in that order, it's almost like telling you to change your name or personality. Kids can be at sea. It's such a drastic change. Parents just aren't cognizant of that."

She says another aggravation for youngsters that parents often don't realize is the physical household.

"If you have one set of kids moving into the house of another set of kids. So everyone feels they're either being invaded or are an interloper."

Children in a stepfamily, she says, can come out more flexible and adaptable as they enter adulthood. But she also doesn't hold out false promises.

"Things working out in a stepfamily is a process that takes much longer than you bargain for. I've never seen it work out well any sooner than five years," she says.

"It's so important to get away from the fallacies about a stepfamily — one being that you are always able to love another person. Most people don't love other people's kids."

Carter will be a workshop presenter on the topic of stepfamilies during Provident Counseling's "Our Changing Families — Who Will Do the Caring?" annual conference, set for May 11 at the Clarion Hotel.

The event is sponsored by the Suburban Journals.

Adolescent suicide to be discussed

Dr. David Berland, director of the Child and Adolescent Psychiatry Department, St. Louis University Medical Center, will discuss "adolescent suicide" with parents on Thursday, April 19.

The program is the final session of "Surviving the Junior High Years," to be held in the cafeteria of Coolidge Junior High School from 7 to 8:30 p.m.

Suicide among adolescents has been steadily increasing during the past several decades.

Confronting the problem is the first step toward dealing with this issue, said Berland.

For additional information about "Surviving the Junior High Years," persons may contact Jim Jeffries, principal at Coolidge Junior High School, 451-5826.

•County

(Continued from Page 1A)
 ment for the new building and for unforeseen problems for the two phases.

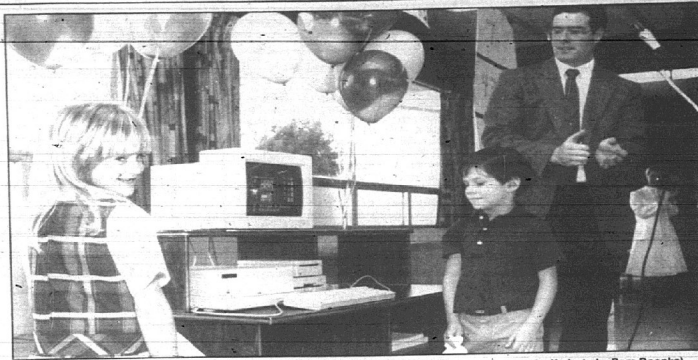
Without that cushion, "it would be like building a new house and not having a bed or a table to move into it," Bathon said.

With that contingency fund figured in, the project would be about \$1.3 million in the red, based on Korte's low bid, Bathon said.

Haine said that sorting through the bids and taking low figures for specific portions of the projects might subject the county to the threat of a lawsuit.

Likewise, Haine said, he would not advise taking the low bid and then trying to whittle down the total cost through a series of change orders, as suggested by H. Jack Frandsen, D-Alhambra.

Haine said such a strategy would never diminish the cost by the amount needed and would "in effect make it a different project," again exposing the county to a legal threat.



CONGRATULATIONS: Unveiling an Apple computer at Holy Family School last week were Kristin Lux, 6, and Joe Kramer, 5. Mike McGinnis, general manager of the Schnucks Market on Nameoki Road, made the presentation.

Any gambling sunk without licenses

SPRINGFIELD — Riverboat gambling in Illinois may not float by next January unless licensing is speeded up, potential operators told the state gaming board on April 12.

Businessmen competing for the limited number of licenses said they won't gamble millions on building and refurbishing the floating casinos without a guarantee they'll soon be in business.

And if boats aren't ordered soon, they won't be ready for the 1991 season, the operators said.

"It's almost impossible to let a contract for a multimillion-dollar gaming boat if you don't have a gaming license," said Rock Island Mayor Mark Schweibert. "Unless the licenses are issued very soon, we could be out of the water for the whole season."

Four new riverboat applicants, including a St. Louis-based firm, appeared at the April 12 gaming board meeting.

The applicants said they're in a race with Iowa riverboats, which will begin gambling April 1, 1991. Contractors are demanding that boats be ordered by May 15 to ensure spring delivery, said an attorney for Peoria businessman Jim Jumer.

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Obituaries

Brooks

Wesley B. Brooks, 84, of Venice died at 12:34 a.m. Saturday, April 14, 1990, at Anderson Hospital in Maryville. He had previously resided at the Anna Henry Nursing Home in Edwardsville.

Born May 3, 1905, in Nashville, Tenn., he had been a resident of the Metro East area for 80 years. Mr. Brooks worked for the Madison Iron and Metal Co. scrap yard for 40 years.

Survivors include his son, William Ingram of Venice, seven grandchildren and six great-grandchildren.

Visitation will be held today (Wednesday) from 10 a.m. to 11 a.m. and Thursday from 9 a.m. to noon at Officer Funeral Home, 2114 Missouri Ave., East St. Louis. Funeral services will be held there at noon Thursday, with the Rev. John Henry Williams officiating. Burial will follow at Sunset Gardens of Memory in Millstadt.

Babbs
 Mark E. Babbs, 27, of Granite City was pronounced dead at his home on Sunday, April 15, 1990, at 11 a.m. by Madison County Assistant Coroner Ed Morton.

Mr. Babbs had suffered a gunshot wound of the head, and a handgun was found nearby. An inquest will be conducted.

Born Dec. 29, 1962, in St. Louis, he was a lifelong resident of Granite City. He was employed as a machinist for the past seven years at Omar Machine Shop in St. Louis and was of the Protestant faith.

Survivors include his son, Matthew Scott Babbs of Granite City; his mother, Louaine (Tompkins) Black of Madison; one sister, Donna Cavins of Granite City; and two brothers, Christopher Black of Madison and Robert Cunningham of Granite City.

His father, James Babbs, died March 23, 1990.

Visitation was held Monday at Irwin Chapel, 3960 Maryville Road, where funeral services were conducted Tuesday by the Rev. David Fleming. Mr. Babbs' remains were cremated.

Dalton

Philip M. Dalton, 37, of Livingston, formerly of Granite City, died Friday, April 13, 1990, at 2:26 p.m. at St. Louis University Hospital after being accidentally injured. An article appears elsewhere in this issue.

Mr. Dalton was born Nov. 9, 1952, in Vincennes, Ind., and was employed as a truck driver for the Paul Steinmann Trucking Firm in Hamel.

Survivors include his wife, Patricia (Patz) Dalton, whom he married May 3, 1979, in Belleville; a daughter and son, Theresa and Phillip Dalton, both at home; his father, William Dalton of Granite City; and four brothers, William Anthony Dalton and Billy Lee Dalton, both of Granite City, Kenneth Dalton of Collinsville and Jeffery Dalton.

Preceding him in death was his mother, Barbara Dalton, and a sister, Paula Ellis.

Visitation was held Monday at Lesicko Funeral Home, Livingston, where funeral services were conducted Tuesday by the Rev. Adrian Stallman. Burial was at Spangle Cemetery in Livingston.

Knapp
 Ada E. Knapp, 99, of Granite City died at 5 p.m. Saturday, April 14, 1990, at the Edwardsville Care Center.

She was born Dec. 26, 1890, in St. Louis and had lived in Granite City for 18 years. Mrs. Knapp had been a homemaker and was of the Protestant faith.

Survivors include one son, George Knapp of Edwardsville, one granddaughter and two great-grandchildren.

Her husband, Milton Knapp, died in 1967.

Mrs. Knapp's remains were cremated. Arrangements were handled by Werner Chapel for Funerals, Pontoon Beach.

The family suggests memorials to the First Presbyterian Church of Granite City.



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Seriously ill need normal family life

Parents with a seriously ill child can forget what a "normal" life is like. Days filled with hospitals, medical consultations, medicines, a child in pain and life-threatening complications may leave time for normal development concerns.

But normalization of their life is what both the sick and healthy kids of the family need, says Norma Speckhard, hospital teacher at St. Louis Children's Hospital.

For her contributions to special education, Speckhard was

named "Teacher of the Year" for 1989 by the Council for Exceptional Children, a national organization of special education teachers and administrators throughout the United States. Speckhard advises parents with a seriously ill child that it is important to clearly communicate information to the teachers and anyone else at school in contact with their child.

Speckhard advises school personnel to find out as much as they can about the child's condition. If the child will have an individual education plan (IEP)

developed for him, a medical person should sit in on that IEP conference, Speckhard says.

Children who are hospitalized not only get behind in their studies, Speckhard says. These children also are excluded from socialization with their peers. School social life goes on without them and they can feel isolated and alone when it is time to return to school.

Every age and every diagnosis is different and involves lots of different variables in how the situation should be handled, Speckhard says.

Eye care taken to third-world countries

Imagine living in a third world country where the wait for an ophthalmologist may take months, or longer. Now imagine going blind during the wait.

Experts associated with Bethesda Eye Institute at St. Louis University Medical Center are taking strides to help those who have very limited access to eye care. For the fifth time in one year, they have traveled

overseas to perform eye care medical missions.

Gerald A. Wankum, M.D., assistant professor of ophthalmology, Bradley D. Fouraker, M.D., instructor of ophthalmology, Mary Dobbs, C.O.T., director of diagnostic services, and David Woods, M.D., resident of ophthalmology, recently returned from a two-week trip to Haiti, where they examined 60 patients a day, dispensed over 250 pairs

of eyeglasses and performed 50 surgeries.

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P185/80R13	62.95	P215/75R15	90.95
P185/75R14	64.95	P225/75R15	91.95
P185/75R14	65.95	P235/75R15	93.95

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Family asthma program set for Granite City on May 7

By Ken Moser

GRANITE CITY — Understanding asthma doesn't have to be like reading an Agatha Christie mystery, and living with the disease doesn't have to be a horror movie.

Asthmatic children (ages 7 to 12) and their parents can learn more about the disease and ways of coping with the medical and emotional aspects of it at home, school and play by attending a free, one-session family asthma program at St. Elizabeth Medical Center's Wellness Center on May 7 from 7 p.m. to 9 p.m.

The program is sponsored by the American Lung Association in cooperation with Schering Laboratories and the Respiratory Therapy Department of St. Elizabeth.

Although specifically designed for asthmatic children and their parents, the program is also open to asthmatic adults and anyone else involved in the care of an asthmatic, such as school teachers and nurses, physical education staffs, coaches and day care workers.

The information will be practical for all to use, organizers say. The program coincides with National Asthma and Allergy Awareness Month.

The featured speaker for the evening will be Barry F. Zeffren, M.D., an asthma/allergy specialist on staff at St. Elizabeth Medical Center and Anderson Hospital. Dr. Zeffren is also a clinical instructor at St. Louis University Medical School.

In the adult session, he plans to discuss the medical factors and causes of asthma, as well as the diagnosis and treatment of it. Common signs that an asthma attack is about to occur and ways of preventing it will also be discussed. Time will be allowed for participants to ask Dr. Zeffren any questions that they may have.

While the adult session is in progress, the children will be occupied in an adjoining room in a combined education and exercise program that will provide them with a format for future improvement in endurance and strength. An ALA representative and respiratory therapy technicians from SEMC will assist youngsters in understanding their illness better through the use of a workbook and games.

"The kids will get to participate in 'lung power' exercises, such as blowing cottonballs across the floor, to teach them how to utilize their stomach muscles and how to use all their breathing capabilities," explained Karen Louis, regional director of the ALA. "They will also learn relaxation techniques that will help them avoid hyperventilating when an asthma attack occurs."

Asthma is defined as a narrowing of the airways, characterized by shortness of breath and wheezing. It afflicts more than 10 million Americans, of which two to three million sufferers are children, according to the National Institute of Allergy and Infectious Disease.

The disease accounts for 20 percent of missed school days and is the number one reason why children are taken to emergency rooms and admitted to pediatric hospitals. Since 1969, the hospitalization rate for asthma has risen 225 percent. And the death rate has doubled in the past decade. In 1988, asthma caused 4,580 deaths.

Contrary to popular belief, asthma is not a disease a child will outgrow. "Asthma is a serious but controllable condition," Dr. Zeffren said. "It is a disease that doesn't discriminate. It can strike people of any age, sex, race or economic status, at any time. But we see it more commonly in children than in adults."

According to Donald Aaronson, president of the American College of Allergy and Immunology, blacks are five times as likely as whites to die of asthma and Hispanics are four times as likely. "This may be due to lack of access to medication or not

enough knowledge about the disease," he said.

A wealth of hand-out materials will be available at the family program, and participants will also be able to check out various testing equipment and breathing apparatuses at a table display staffed by personnel from Dr. Zeffren's office.

Class size is limited to 15 for the children's session, so pre-registration is required. The adult session, however, is not limited to a specific number. Registration is still encouraged.

For more information or to register, persons may call the Wellness Center at 798-3WEL.

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Women of Achievement

1955-1989

Ailene Auner
Humanitarian Concern

If there is a task that needs to be done, Ailene Auner is the person to work on it. As president of the board of directors for the Woman's Crisis Center in Belleville, Ill., Auner helped raise \$550,000 more than four years ago to turn the old Belleville Shoe Factory into a shelter for battered and abused women. She started with rummage sales, then auctions and fund drives. "I think a Woman of Achievement should be a person who is giving of herself in every way, whether it's money, or time; a person who shares herself with others," she said. While Auner was working to turn the shoe factory into a shelter, she scrubbed floors, painted furniture, arranged fund-raisers and stuffed envelopes. "She cares about what she is doing, and she puts her whole into it," said Lee Mikesell, a member of the Woman's Crisis Center board. Auner, 62, and her husband, Philip, a physician, have lived in Belleville for 32 years. They raised four daughters and one son in the area.

The Suburban Journals, the St. Louis Sun and KMOX Radio are proud to honor 10 extraordinary women for their contributions to the greater St. Louis area.

A luncheon honoring the Women of Achievement will be held at noon May 16 at the Ritz Carlton Hotel in Clayton. Tickets are \$19 per person. Reservations may be made by sending a check to Women of Achievement, Suburban Journals, 1714 Deer Tracks Trail, St. Louis, Mo. 63131. Checks should be made payable to the Suburban

Journals. Seating will be at tables of 10. People wishing to be seated together should include a list of names with their reservation. Those attending the luncheon on behalf of a particular honoree also should include the name of the honoree. Reservations are by mail order only. Deadline for reservations is May 9.

Dudley Grove
Volunteer Services

A repairman once working at Dudley Grove's home overheard her constant phone calls to check on arrangements for various projects. Finally, he was compelled to ask: "Lady, what is it you do?" What Grove has done for many years is volunteer her time, skills and concern to dozens of St. Louis organizations in need. Her richly deserved recognition has finally come with her being voted this year's Woman of Achievement in Community Concern. She has been deeply involved for the last 15 years with the Junior League as well as volunteering for the American Red Cross, University of Missouri-St. Louis, Center of Contemporary Arts, Community in Partnership, Urban League and the United Way. Volunteering has been a valuable experience, said Grove of Ladue. "I'm thankful I've had the luxury of time and some skills to be able to do this," she said. "The things I've chosen have been areas I've learned from."

Sr. Raymond Joseph Cordes
Education

The problem was not deciding whether or not Sister Raymond Joseph Cordes merits an award, but determining for which of her many endeavors she should be recognized. Sister Cordes, 67, a native St. Louisan and a member of the Sisters of St. Joseph of Carondelet for 43 years, taught junior high school for 30 years at various schools throughout the Midwest. Since being stationed at the St. Joseph Academy Convent five years ago, Sister Cordes has become involved as a volunteer with several local organizations. She tutors former prostitutes through the New Life Style Program, 4000 Laclede Ave., teaches reading on a one-to-one basis through the Literacy Council of Greater St. Louis, and works in recreational therapy and adaptive sports programs at the Shriners Hospital for Crippled Children. Sister Cordes said she was "very surprised and thrilled" to be named as the 1989 Woman of Achievement for Volunteerism. "I couldn't believe it," she said.

Helen Delicate
Social Responsibility

Helen Delicate of Edwardsville has spent most of her life contributing to the welfare of others through her many community service projects. The 83-year-old Delicate has called Edwardsville home for the past 59 years. In the letter nominating Delicate for her award, Dr. Sandra K. Naegler of Edwardsville wrote, "Helen is not a person who strives for awards or recognition. She serves because something needs to be done, and she sees a need for her help." Delicate said, "I just like to do things. I first volunteered with the Red Cross in 1938. She was instrumental in establishing the League of Women Voters in Edwardsville, helped form the River Bluffs Girl Scout Council and founded the Madison County Historical Society. Delicate is a past president of the Madison County Medical Society Auxiliary and was a charter member of the Goshen Preservation Alliance. She has been an ordained elder at First Presbyterian Church of Edwardsville since 1950.

Johann Ellerbrake
Health

Johann Ellerbrake is helping to even the unfair balance in life caused by crippling childhood diseases and unfortunate accidents resulting in brain injury. An experienced physical therapist, she has directed Hanken Jordan Children's Rehabilitation Center in St. Louis since 1983. Ellerbrake and her husband, Richard, president of Deaconess Hospital, live on a 121-acre orchard and farm between Troy and O'Fallon, Ill. Johann Ellerbrake has worked with many local agencies. They include the Salvation Army Hope Center, the March of Dimes, Childhaven and the Easter Seal Society. She has served on the board of directors of the St. Louis Regional Maternal and Child Health Council, helped organize the St. Louis Lead Poisoning Prevention Council in 1984 and is its current president. She is a member of the Foster Care Coalition of Greater St. Louis, and is a past president of Chapter III of the Illinois Council for Exceptional Children.

Virginia Stith
Historic Preservation

Virginia Pierce Stith is the Pied Piper of historic preservation in St. Louis County. As director of Historic Sites and Preservation for the St. Louis County Department of Parks and Recreation for 14 years, she has led the fight to save countless buildings. She has helped save such historic treasures as Grant's White Haven in south county and the old Forest Park Highlands Carousel, which now resides at another of her pet projects, Faust County Park in Chesterfield, with its reconstructed 19th century village. In a volunteer role, she has helped communities start their own historic preservation committees and is a driving force at the St. Louis Zoo and the Missouri Botanical Garden. But Stith, of University City, said her preservation efforts are all in a day's work. "I never thought doing exactly what you wanted to was worthy of awards," she said. "I'm still rather stunned, but delighted, by all the attention."

Judy Crowell
Youth Dedication

Town and Country resident Judy Crowell couldn't help having mixed feelings when she learned she was getting an award for her youth work. "It's very hard to receive an award for something when you are motivated by the death of a child," Crowell said. "And when that death is a suicide, well, it's almost a contradiction of terms." In February 1986, Crowell's 25-year-old son committed suicide. Spurred on by the loss, Crowell, and others who wanted to prevent similar deaths, formed Kids Under Twenty One, a foundation devoted to spreading the word about teen suicide and helping teens help each other. One of the foundation's activities is HELPLINE, established in conjunction with Life Crisis Services, 1423 S. Big Bend Blvd. The service enables teens to call and talk to teens about their problems. "My son's death was horrible," Crowell said. "But what it did was give me a lot of motivation to make his life more meaningful. He was a fine young man."

Joy Rice Dunkelman
Senior Adult Services

Joy Rice Dunkelman is grateful for receiving an award for her work with senior adults, but she is just as grateful for having had the chance to do the things she's done. "The recognition is wonderful, but I'm really very fortunate that I've been involved in these things," Dunkelman said. "I've gotten so much out of them, I'm glad someone else did too." The things Dunkelman has gotten so much from are activities like the Senior Olympics, the Jewish Hospital Board and the American Cancer Society. Dunkelman, who lives in Ladue, has been a volunteer since 1964. She currently is chairman of development for the Jewish Hospital Board, which she has been active on since 1982. From 1964 to 1968, she served on the board of John Burroughs School. From 1964 to 1974 she was on the board of the American Cancer Society. Dunkelman served as coordinator for the St. Louis Senior Olympics for the event's first 4½ years, and still serves on the steering committee.

Dorothy St. Clair
Community Service

Volunteer work has been a lifetime endeavor for Festus resident Dorothy St. Clair. "I guess I've always done volunteer work," she said. St. Clair retired in 1978 from the American School of Cosmetology in Festus, but she still works at the school two days a week and fills the rest of her time volunteering. St. Clair, who is in her 60s, is a volunteer at Jefferson Memorial Hospital in Crystal City and assists in Red Cross blood drives. She also volunteers with numerous other civic organizations and at her church. St. Clair moved with her family to the Festus area from St. Louis about 35 years ago. She opened a salon and the cosmetology school in Festus. She has a simple reason for volunteering. "I've been a widow for 30 years, and I don't have anybody here at home but my puppy," St. Clair said. "You don't get paid, but just the pleasure of knowing you've helped is enough."

Dr. Joyce Thomas
Civic Responsibility

Dr. Joyce Thomas works tirelessly to help improve the St. Louis City Public Schools. She has been president of the St. Louis Board of Education for the past two years and has been a board member for the past nine years. Thomas has presided over a split school board that more often than not has made news with its squabbles. Despite the friction, Thomas' efforts to advance the district recently were rewarded when city voters passed a school bond issue for the first time in 25 years. Thomas is a past president of Cardinal Ritter Preparatory High School in St. Louis and was director of counseling services and assistant to the president at Harris-Stowe State College. A native St. Louisian, she has been both a teacher and student in the St. Louis Public Schools and is in the Sumner High School Hall of Fame. Thomas, retired since 1983, is an active member of St. Teresa of Avila Catholic Church. She has also served as a co-chair of the United Way Campaign.

Giants defend tone of music

Rock bands often talk about wanting their music to be taken seriously. And when the group is an offbeat pop duo like They Might Be Giants, that kind of respect can be especially hard to come by.

John Linnell and John Flansburgh, who comprise the New York-based duo, play a humorous, quirky and catchy brand of pop music that often features such unconventional instrumentation as accordion, violin and trumpeets.

The novelty of They Might Be Giants sometimes has caused people to overlook the substance of the duo's music.

For example, a *Rolling Stone* magazine review of "Flood," the group's recent LP, criticized Linnell and Flansburgh for being too clever and a comedy band that fails to be funny.

In a recent interview, Linnell, 30, took issue with that characterization. "If he (the *Rolling Stone* critic) had examined what



John Flansburgh, left, and John Linnell.

our music." The current music scene has a lot to do with the group's image, Linnell said. "If you go back 20 years, there are plenty of bands that are considered full of heart that also are willing to actually crack a smile once in a while," Linnell said.

"I think it's the climate now that really makes us seem like we're much wackier than we actually are. I mean, if you read the lyrics to the songs, it's not a barrel of laughs. Really, there are a lot of very depressing subjects that we deal with in the songs."

Image and reviews aside, "Flood," the group's third album, has been very successful. The LP and its single, "Bird House in Your Soul," are firmly entrenched at the top of the alternative music charts.

"Flood" is They Might Be Giants' first album for a major label (Elektra), and any concerns longtime fans might have had that a major label might make the duo's unique sound more mainstream have proven

unfounded. "We signed to Elektra with the stipulation that we be allowed to do what we want," Linnell said. "We really wouldn't have done it otherwise."

Besides, the duo's track record had a lot to do with them getting signed by Elektra, he said. "The reason they signed us was that we had this history of having succeeded as an independent (band) based on doing exactly what we're doing. So I don't think they wanted to mess with that."

They Might Be Giants performs at 7 p.m. Saturday (April 21) at Mississippi Nights. Tickets are \$10 in advance and \$12 the day of the show.

The heavy metal band Kiss, with guest Faster Pussycat and Slaughter at 7:30 p.m. June 1 at Kiel Auditorium. Tickets are \$18.50.

Folk rock band the Cowboy Junkies, 7 p.m. May 20 at Westport Playhouse. Tickets \$18. Pop group Milli Vanilli with M.C. and Seduction, 8 p.m. July 16 at The Mundy. Tickets are \$21.50, \$19.50 and \$17.50.

Actor Dennis Quaid, with the Mystics, a backup group that features members of Bonnie Raitt's touring band, April 30 at Mississippi Nights. Tickets are \$14 in advance, \$16 day of show.

Blues band Little Charlie & the Nightcrawlers, April 26 at Off Broadway. Admission is \$7. Rock band The Bishops, with Reaction Formation, April 20 at Cicero's. Admission is \$3.

Rock band Blue Dixie, April 21 at Furst Rock. Admission is \$4.

Alan Sculley covers the area concert scene for the *Suburban Journals*.

'Peter Pan' fails to fly

By Harry Hamm
Staff writer

The Mundy reported a disappointing turnout of 20,229 for its eight-performance run of "Peter Pan" April 3 through 8 at the Fox Theater. Although Rigby, received great reviews from the press and the public, ticket sales lagged far behind expectations.

In other Mundy-Fox news, "Little Shop of Horrors" will be the seventh and final show of the Mundy's upcoming summer season. It will run Aug. 13 through 19. Also, Stephen Lebew will headline the production of "Jesus Christ Superstar," July 2 through 8. Lebew was seen at The Mundy last summer in "Godspell."

The Fox reports that while ticket sales for Frank Sinatra June 8 through 10 are very good, the booking has not radically sparked subscription sales for the summer season. Because of Sinatra's high price tag, the Fox can make very little money on his shows, but it hoped his name on the summer subscription schedule would act as a big boost to the total subscription sale.

Robert Hyland was whisked away to a private but very special award ceremony last Tuesday in celebration of his 40th year with the CBS Radio Network.

Jetting into St. Louis to present the award was Nancy Widmann, president of the radio division of CBS and Anna Mae Sokusky, vice president of AM stations.

Hyland, senior regional vice president of CBS Radio and general manager of KMOX Radio, received a sculptured piece of Steuben glass to add to his already extensive Steuben collection in his office. The piece was appropriately titled "Night & Day," in honor of Hyland's tireless efforts on behalf of the station and CBS during his four decades of service.

Hyland requested the award receive no advance publicity.

Lt. J.G. Jeffrey Jacober, son of KMOX radio sportscaster Ron Jacober, received his wings designating him a naval aviator late last month in ceremonies held at the U.S. Naval Air Meridian in Meridian, Miss. Jeffrey Jacober's parents were on hand to witness the event.

Jacober, 25, is a 1987 graduate of the Naval Academy. He will fly one of the Navy's hottest fighters, the F-14 Tomcat, the aircraft that was featured in the Tom Cruise film "Top Gun."

Jacober's new wings are made of gold, thanks to the work of celebrity jeweler Doran Magowitz at Hamilton Jewelers in downtown St. Louis.

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Alan Sculley

we were doing, I think he'd see it's not comedy music," said Linnell. "We could be a lot funnier if that's what we were trying to be."

"I feel like there is a fair amount of emotion in what we do. If there's a lack of emotion, it's not the fault of the humor, I think, we're definitely trying to set moods, and there are strong emotional tones and contrasts in

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Cruise ship vacations attract new customers

Cruises for a long time were thought to be the province of old folks, newlyweds and lonely singles.

Not so today. The cruise lines are competing with theme parks for family vacations.

This development, as dramatic as the rising popularity of cruising among all vacationers, is understandable. Travel has become a pocketbook issue. Increasingly, Americans are finding the cruise ships affordable, a sure way to stay within a budget.

Twenty years ago the cruise lines served 500,000 passengers. In 1990 that figure will be in excess of 3.5 million, says the industry's trade association. With 36 competing lines operating 100 ships, the industry expects continued growth of more than 10 percent annually. By the year 2000, the industry projects sales of \$15 billion in a potential market of more than \$50 billion.

Although many Americans spend 10 percent of their annual income on vacations, the cost of travel is the greatest inhibiting factor to travel industry growth, says American Express. Even more people would travel if their time and resources permitted.

Since last summer, the travel business has softened, due in part to the slack economy and inflated air fares. But with 14 new or refurbished cruise ships coming into service this year, there may be considerable excess capacity.

That's good news for you. The typical one-week cruise costs about \$1,000 to \$1,250 per passenger. But discounts can bring those prices down by 20 percent or more. Consolidators (frequently large travel agencies) buy up blocks of cabins and, by cutting their commissions, sell the tickets at reduced prices. Also, because of the expanded capacity or in off-peak months, the cruise lines themselves may offer substantial discounts.

Cruising, one of the most popular types of vacation, is heavily promoted in the press and on television. No wonder. Americans view Hawaii and the Caribbean as the most romantic vacation destinations. On a cruise ship you can go to either place, with little hassle, on ships that have the facilities of a luxury resort and offer vacation fea-

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Sylvia Porter

tures Americans most prefer: adventure, entertainment and good food.

There's a good reason cruise lines are promoting family vacations. Broadening the market is their best bet to fill up the ships. The Cruise Line International Association reports that nine of 10 families who have taken their children with them in recent years say they had highly satisfactory experiences.

It's quite an addition to the gambling casinos and nightclub entertainment. For families with infants, the ship may be equipped with cribs and high chairs, and baby-sitting may be available at a nominal charge, according to Bob Dickinson.

senior vice president of Carnival Cruise Lines, which claims to book more family cruises than any other line.

Carnival and other cruise lines have developed special on-board schedules tailor-made for children. The "junior" schedule might include scavenger hunts, ship-drawing contests and soft drinks with the captain. A teen schedule might feature a "name that tune" or trivia contest, pingpong tournaments and disco parties. Swimming pools are available to young passengers as well as a play room which serves as their own gathering place.

Although families initially sailed on cruise ships during the summer and over holidays, an increasing number of them can be found on virtually all sailings, according to Dickinson.

A major reason cruises are becoming popular with American families is the price. Dickinson says. For instance, on all of Carnival's seven-day cruises, the

fare for children sharing a cabin with two adults is \$395 for each child. Carnival will add a fifth berth in certain cabins for larger families. Children's rates on three- and four-day cruises are \$190 and \$250, respectively.

Two factors determine the cost of most cruises. First is the time of year and second is the type of accommodation. If your family will be comfortable in a cabin that is not in the deluxe category and you are not booked over a holiday, you can cut costs considerably.

Once you choose to take a cruise vacation, check out your options with your travel agent and inquire about passports, duty-free allowances and insurance.

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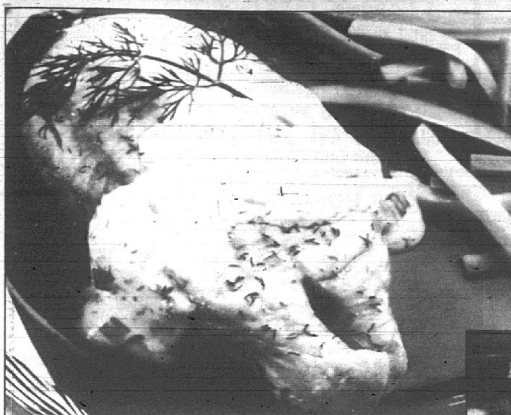
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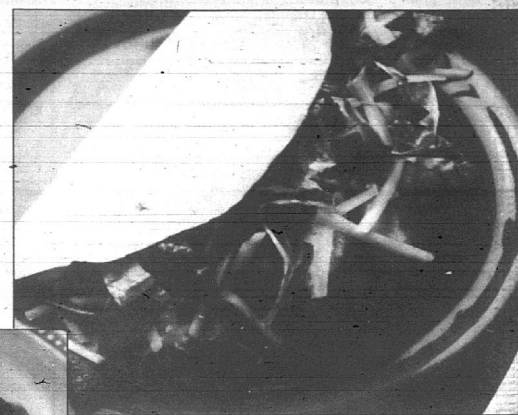
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Spice It Up



Ethnic Foods Widen America's Appetite

By Janice Denham
Journal Food Editor

It may not be a safari in Africa or a float on a catamaran, but Americans are fired with a spirit of adventure. Today they serve it with meals on their table.

A pinch of this or a splash of that is like a new tie or pair of shoes. It brings excitement to daily life. Sitting at a computer terminal, driving a school bus or making change at a bank may be a way of daily life, but food moves taste buds out of a ho-hum existence. Exhilarating seasonings are available for minimal money, so whether a person wears khaki, a kilt or a crown he or she can experience tasty sensations.

On their adventurous journey, Americans have taken ethnic foods of near and not-so-near neighbors as their own. Three hundred fifty new ethnically-flavored products joined the already substantial ranks of these foods last year, according to *New Product News*. Mexican led the way with 101, followed by Cajun (80), Italian (37), Oriental (34), Indian (20) and French (19) and a few others here and there.

Young people once looked forward to fried chicken. Now they ask for tacos on their birthdays, eat burritos at school and know the way to their favorite Chinese restaurant long before they can drive.

But exciting food is not just for kids. The young at heart—those over 75—doubled their buying of ethnic foods last year. The American Spice Trade Association recorded an average 20 million-pound per year rise in spice consumption during the past decade. That's a lot of grains of pepper at 20,000 sprinkles per pound.

Food manufacturers make it easy to add a specific flavor. The thought of mixing a combination of chili peppers, cumin, oregano, salt and garlic makes a cook give thanks for chili powder. Cajun, Mexican, Italian, barbecue and Czechian seasoning are combined for instant flavor. Lemon-and-pepper salt is at a peak of popularity. Chinese 5 spice, oop suey flavoring, teriyaki marinade and Chinese barbecue seasoning are on the supermarket shelf ready to rendezvous with Oriental flavor. Fines herbes, beau monde and bouquet garni are old favorites ready to take home from the store for old-fashioned flavor. Shelves in other cities now hold bouillon in flavors beyond chicken and beef.

While a stroll down the spice aisle is part of an international tour, the produce section is an avenue to life fresh from exotic lands. Fresh herbs like basil, marjoram and tarragon are available every day.

Juice from friendly fruits enhances the sense of adventure. Add orange juice and rind to honey with a touch of cinnamon for a sweet addition to fruit salad. Squeeze half a lemon over salad greens to add pizzazz to bottled Italian salad dressing. Bottled lemon juice, with its own distinctive flavor, can be kept in the refrigerator beyond the life expectancy of fresh lemons.

With an eye to nutrition, Sunkist has updated a tempting booklet with recipes and information about nutrition in citrus fruits. "Putting the Squeeze on Salt, Fat and Cholesterol with Sunkist Fresh Lemons" is available free by sending a long, self-addressed, stamped envelope to: "Sunkist Growers Inc., Department P.O. Box 7888, Van Nuys, Calif. 91409-7888."

For a variety of flavorful recipes, the 128-page "RealLemon Recipe Collection," in hard cover, is available by sending \$2.95 in check or money order, plus front labels from two bottles RealLemon lemon juice from concentrate, or \$4.95 with no labels to: "RealLemon Recipe Collection," P.O. Box 8990-A, Clinton, Iowa 52726.



Salmon With Mustard Dill Sauce

- 1/4 cup mayonnaise or salad dressing
- 1/4 cup dairy sour cream
- 1 tsp. sliced green onion
- 1 tsp. Dijon mustard
- 1/4 cup plus 1 tsp. bottled lemon juice
- 1 1/2 tsp. dill weed
- 4 salmon steaks

In small bowl, combine mayonnaise, sour cream, green onion, mustard, 1 teaspoon lemon juice and 1/2 teaspoon dill weed. Cover. Chill.

Combine remaining 1/4 cup lemon juice and 1 teaspoon dill weed. Pour over fish. Marinate, covered, in refrigerator 1 hour. Arrange fish on broiler pan or greased grill. Broil 4 inches from heat 5 to 6 minutes per side, brushing with marinade. Serve with dill sauce.

Makes 4 servings.

Italian Meat Pie

- 1 lb. ground round beef
- 1/2 cup fresh bread crumbs (1 slice)
- 1 egg
- 2 tsp. instant beef bouillon
- 1/2 tsp. Italian seasoning
- 1/2 cup pizza sauce
- 1 jar (2 1/2 oz.) sliced mushrooms, drained
- 2 tsp. chopped green bell pepper
- 2 tsp. chopped onion
- 1 cup (4 oz.) shredded mozzarella cheese

In medium bowl, combine beef, crumbs, egg, bouillon and Italian seasoning. Mix well. Press on bottom and up side of 9-inch pie plate. Bake 15 minutes at 350°. Pour off fat. Spoon pizza sauce over crust. Top with mushrooms, green pepper, onion and cheese. Bake 10 minutes or until cheese melts. Garnish as desired.

Makes 4 servings.

Turkey Fajitas

- 1/2 cup bottled lemon juice
- 2 tbsp. oil
- 1 tbsp. Mexican seasoning or taco flavoring
- 1 tsp. instant chicken bouillon
- 3 cloves garlic, finely chopped
- 2 turkey tenderloins (about 1/2 lb. each), pierced with fork
- 8 (8 inch) flour tortillas, warm
- Garnishes of shredded lettuce, shredded cheese, sliced ripe olives, sliced green onions, salsa, guacamole and dairy sour cream

In small bowl, combine lemon juice, oil, bouillon and garlic. Pour over turkey. Marinate, covered, in refrigerator 4 hours or overnight, turning occasionally. Remove turkey from marinade.

Broil or grill 6 inches from heat, 10 minutes per side or until no longer pink, basting frequently with marinade. Let stand 10 minutes.

Slice turkey. Place on tortillas. Garnish with lettuce, cheese, olives, onion, salsa, guacamole and sour cream as desired. Fold tortillas. Serve immediately.

Makes 4 servings.

Cajun Chicken Breasts

- 1/2 cup margarine or butter
- 2 tsp. parsley flakes
- 4 halves chicken breast, skinned, boned
- 4 tsp. Cajun (or Mexican) seasoning

In 12-by-7 inch baking dish, melt margarine in 375° oven. Stir in parsley. Dip chicken in margarine mixture. Sprinkle evenly with seasoning. Bake 45 minutes or until tender.

Makes 4 servings.

Microwave directions: In 9-inch square baking dish, melt margarine on high power 25 to 30 seconds. Stir in parsley. Dip chicken in margarine mixture. Sprinkle evenly with bouillon. Cook chicken, loosely covered, on high power 6 to 7 minutes until tender, rearranging pieces after 3 minutes.

Light Lemony Fish

- 1/4 cup water
- 1/2 cup bottled lemon juice
- 1 1/2 tsp. instant chicken bouillon
- 1 lb. fresh or frozen fish fillets, thawed if necessary

In large skillet, combine water, lemon juice and bouillon. Bring to boil. Add fish. Return to boil. Reduce heat. Simmer, covered, 5 to 10 minutes until fish is opaque.

Serve with Almondine Sauce, if desired.

Makes 4 servings.

Microwave directions: Decrease water to 2 tablespoons and lemon juice to 1/4 cup. In 9-inch square baking dish, combine water, lemon juice and bouillon. Add fish. Cook, covered, on high power 2 to 4 minutes until center of fish is slightly translucent. Let stand, covered, 4 minutes.

Almondine Sauce: In small skillet over medium heat, cook 2 tablespoons sliced almonds in 2 tablespoons margarine or butter until golden. Remove from heat. Stir in 1 tablespoon lemon juice. Serve warm on fish or vegetables. Makes about 1/2 cup.

Cook of the week Quick, easy and low-fat recipes

This week's cook is Brenda Roosevelt of Granite City.

Roosevelt is the mother of two children ages 11 and 3. She is a homemaker whose husband is a lawyer with a local firm. The recipes Roosevelt shares today are quick, easy and low in fat.

Chicken Raga
4 boneless, skinless chicken breasts
1 can tomatoes (28 oz.)
5 or 6 fresh basil leaves
5 garlic cloves, cut up
1/2 can of sliced black olives
1/2 cup of white wine
Salt and pepper to taste

Press the tomatoes through a sieve or vegetable grinder. Lightly flour chicken and saute in olive oil. Add garlic and white wine. Let simmer for at least one minute. Add tomato sauce (just enough to cover chicken) along with sliced black olives and basil. Add salt and pepper to taste. Cover and cook for 6 to 7 minutes. Serve with fettuccini and french bread.

Herb Chicken and Peas
4 slices boneless, skinless chicken breasts
1/4 cup chopped onion
1 clove garlic, minced

- 2 tbsp. dry white wine
- 1/2 tsp. crushed dried basil
- 1/2 tsp. crushed dried thyme
- 1/4 tsp. salt (optional)
- 1 10 oz. package frozen peas
- medium tomatoes, cut in wedges
- 2 tbsp. snipped parsley
- Hot cooked brown rice (optional)

Cook the bacon in a microwave on high for 4 to 6 minutes until bacon is crisp. Crumble and set aside. Rinse chicken and pat dry. Arrange chicken in microwave safe dish with meaty portions toward the edges of the dish. Cover with wax paper. Cook on high for 5 minutes.

Combine onion, garlic, wine, basil, thyme and salt. Drain juices from chicken. Give dish a half turn. Turn pieces and rearrange putting cooked portions toward the center. Pour onion mixture over the top. Cover with waxed paper. Cook on high for 5 minutes.

Give the dish a half turn, add peas. Cook, covered on high for 5 minutes. Add tomato wedges, parsley and bacon pieces. Cook covered for 3 to 5 minutes more or until chicken and peas are done.

Serve with brown rice.

- Quick Sweet & Sour Chicken**
2 lbs. chicken breast boneless, skinless
- 1 18 oz. can pineapple tidbits (in juice)
- 1 1/2 cup sliced carrots
- 1 medium onion, chopped
- 1/4 lb. snow peas, ends and strings removed
- 1/4 cup sliced water chestnuts, drained
- 1/4 cup brown sugar
- 2 tsp. cornstarch
- 1/2 cup chicken broth
- 1/4 cup vinegar
- 2 tsp. soy sauce
- 3 cups hot cooked brown rice

Cut chicken into chunks, place in 2-quart casserole dish, cover and microwave on high for 5 to 6 minutes.

Drain pineapple, saving juice. Add pineapple and vegetables to chicken and microwave on high 4 more minutes.

Drain chicken mixture. In a microwave dish combine sugar and cornstarch, gradually stir in chicken broth next add vinegar, soy sauce and pineapple juice. Microwave on high for 4 to 5 minutes, or until thickened, stirring once. Pour sauce over chicken mixture, toss until well coated.

Serve with rice. Makes 5 to 6 servings.

- Strawberries with Sauce**
3 cups Fresh Strawberries
- 2 tsp. Honey
- 2 tsp. Brandy or Rum
- 1/4 cup Low Fat Yogurt
- 1 tsp. sifted powdered sugar
- Fresh Mint (optional)

Wash strawberries and remove stems. Save 1/2 cup for garnish.

In a blender add strawberries, honey and brandy. Blend until smooth. Transfer to a bowl and chill.

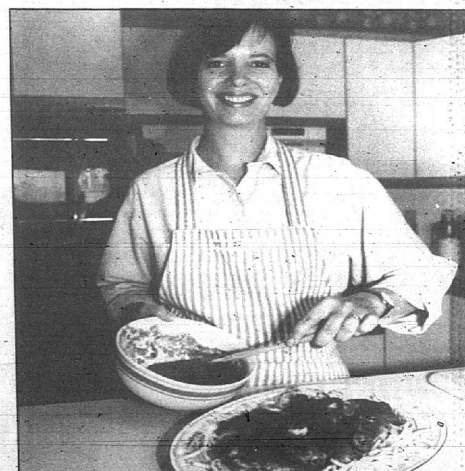
In a smaller bowl combine yogurt and powdered sugar. Cover and chill.

Slice remaining strawberries. When ready to serve swirl yogurt mixture through the sauce. Arrange sliced strawberries on top. Garnish with mint leaves, if desired.

Makes 4 servings.

If you are interested in becoming a cook of the week, please send your favorite recipes along with your name, address, phone number and self-addressed stamped envelope to Pam Doepeke, c/o the Granite City Press-Record, 1815 Delmar Ave., Granite City, Ill., 62040.

Please keep seasonal and holiday recipes in mind.



CHICKEN RAGA is served by Brenda Roosevelt. (Staff photo by Pam Doepeke)

Be creative hamming it up after Easter

By Kathy Hanewinkel
Certified home economist

The week after Easter promotes a lesson in ham leftover efficiency. Tired of ham sandwiches? Be creative and, of course, think microwave.

First, a bit of ham lore gets the cook to this point. Reheating a large chunk of ham after Easter is the same procedure as it was when it came from the supermarket. All that is necessary with a fully cooked ham is to heat it.

A whole or half ham usually is too large to heat efficiently in a microwave oven, but smaller pieces can be heated in a microwave at 70 percent power to 120° internal temperature with a probe. Turn over the piece during cooking and shield areas that stick out with aluminum foil.

Obvious leftovers for ham are sandwiches and ham salad. Other creative ways are heating it in sauces, such as barbecue,

pineapple, orange or honey sauce.

Is there anything else? Of course. Try Ham O'Muffins or Ham Divine.

Ham O'Muffin

- 1 English muffin, split, toasted
- Butter or margarine, if desired
- 1 egg
- 1 to 2 slices ham
- 1 slice American cheese

In small bowl that has been greased or sprayed with nonstick cooking spray, break egg and carefully prick yolk several times with toothpick.

Cover with waxed paper or plate. Microwave at 30 percent (defrost) power 1 to 2 minutes, until egg is almost as cooked as desired. Eggs cook a bit during standing time, which is 1 to 2 minutes.

While egg is cooking and standing, toast and butter English muffin. Place ham on

top of one muffin half. Place egg on ham. Put cheese on top of egg. Heat in microwave 15 to 20 seconds until cheese begins to melt. Top with other half of English muffin.

Makes 1 serving.

Ham divine

- 2 pkg. (9 to 10 oz. each) frozen broccoli spears
- 6 to 8 slices cooked ham
- 1 to 1½ cups (4 to 6 oz.) shredded cheddar or Swiss cheese
- 1 can (10½ oz.) cream of celery soup
- 1 can (3½ oz.) French-fried onion

Place frozen broccoli in 2-quart (12-by-8 inch) microwave-safe dish. Microwave, covered, on high about 10 minutes, until partially cooked. Arrange broccoli in dish with stalks toward outside and flowery part toward center. Top with ham slices and cheese. Spoon soup on top. Microwave, covered, at 70 percent (roast) power 10 minutes.

Sprinkle onion rings on top. Continue cooking at 70 percent power 2 minutes until onion rings are hot.

Makes 4 to 6 servings.

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LEROY'S

Chili cooks ready for Saturday Chili Bowl

A bowl of chili will be worth \$1,000 at the second annual KIXX 104 F.M. Chili Bowl on Saturday (April 21) at Tri City Speedway on Illinois 203.

This year's district event has been moved to the speedway so there is more room for cooking, parking, sampling and stewing. Last year there were more than 60 cooks from throughout the Midwest, so this event is likely to draw more at the rain-or-shine event. Proceeds will be given to the St. Louis Chapter of the National Kidney Foundation.

KIXX 104 Morning Crew member Mike Anderson puts the beginning of the chili cooking at 11 a.m., with samples available about noon for 25 cents each. Kettle spots still are available for \$25 for International Chili Society members and \$50 for non-members, with the additional fee used for a one-year ICS membership. Cooks can contact KIXX 104 F.M. at 878-1040 for an entry packet.

Live music from the Seconds Band and Heartland will be featured throughout the day. Final awards will be presented at about 4 p.m. Judging of the ICS-sanctioned event will be directed by Jean and Jerry Simmons, St. Louis County residents and regular qualifiers for the world championship cookoff.

Second- and third-place winners at the Chili Bowl will receive \$500 and \$250, respectively. Cooks who place fourth through 20th will receive a trophy and all participants will receive a commemorative plaque.

Recipes

Rice peach Bavarian

1 tbsp. unflavored gelatin
3/4 cup cold water
3/4 cup milk, scalded
3/4 cup sugar
1 tsp. salt
1 cup cooked rice
1 cup whipping cream, whipped
1 can (16 oz.) sliced peaches, drained

Combine gelatin and cold water. Let stand 5 minutes. Stir into hot milk. Stir sugar, salt, vanilla and milk mixture into cooked rice. Cool. When partially thickened, fold in whipped cream. Turn into 1-quart mold or 6 individual molds that have been rinsed in cold water. Unmold. Serve with sliced

peaches.
Makes 6 servings.

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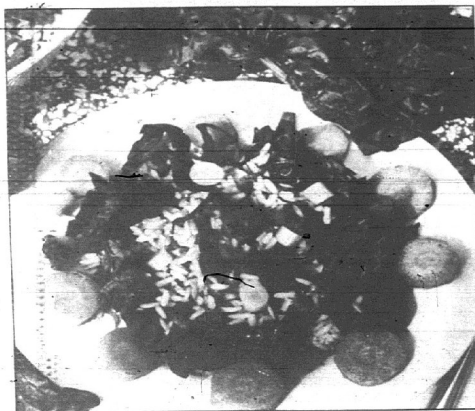
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Spinach and rice mix for nutritious salad

Spring is the season for greens and even spinach, a year-round favorite, is best when it is plentiful before the weather gets hot.

Spinach is grown locally throughout the country. That makes it easy to buy this nutritional powerhouse. Just one cup of cooked spinach provides one and one-half times the recommended daily allowance of vitamin A, 30 percent of the vitamin C, 40 percent of the iron, lots of potassium and a substantial amount of B vitamins.

Fresh spinach is the best buy. A fine green and earthy scent is a good indicator of freshness. Search for the crispest, greenest leaves and avoid spinach whose larger leaves are yellow, discolored, wilted or crushed. Pre-packed spinach tends to have more stems and bruised leaves, but if this is what is available, make sure the package springs back when pinched and contains no yellowing, moldy or wet leaves. It takes two to three pounds fresh spinach to yield two cups cooked spinach.

Because spinach is very perishable, store it in a cool, humid place and use it quickly. Wash it thoroughly to remove sand or grit before cooking or serving.

This flavorful green is delicious raw in salads or can be prepared in a variety of "fountain" dishes, soups, quiches, crispies and casseroles. Complementary seasonings include basil, dill, mace, marjoram, nutmeg, oregano, rosemary and tarragon.

In midsummer when the local spinach season is past, substitute Swiss chard for spinach in raw or cooked recipes, or try kale or collards in cooked spinach dishes.

that have become favorites.

Bright green spinach is a wonderful addition of color and flavor to almost any meal. The colorful salad described below is a snap to make with extra or leftover cooked rice. Brown rice provides whole grain nutrition, in addition to all the benefits of the spinach. Serve it with fish, poultry or lean meat.

Spinach rice salad

- 4 cups cooked brown rice
- 2 cups fresh spinach, cut in thin strips
- 4 scallions, sliced
- 1/2 cup low-calorie Italian dressing
- 4 tsp. soy sauce

Place rice, spinach and scallions in large bowl. Blend together dressing and soy sauce. Add to bowl. Toss well. Chill, covered, until serving time.

Makes 4 servings, 178 calories and 2 gm. fat each.

Registered dietitian Karen Collins reviews this material for the American Institute for Cancer Research in Washington, D.C.

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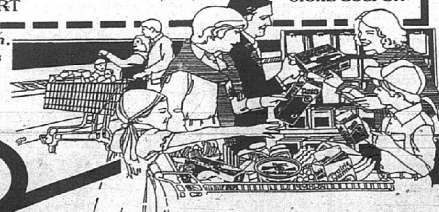
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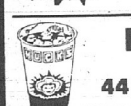
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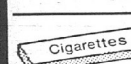
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Brighten morning with microwave brunch

By Sandra Housmon
Home economist

Spring is an appropriate time, a coming-out time, to schedule a special breakfast or brunch. No one wants to cook for hours beforehand, so let the microwave oven help with preparation. It is like having an extra pair of hands for a hostess who wants to enjoy the party.

Scrambled eggs, bacon and toast are a normal breakfast choice. In a microwave, bacon is cooked on high about 1 minute per slice. Line a microwave-safe plate or platter with several layers of paper towels. Lay strips of bacon on paper towels and cover with one paper towel.

Several layers can be done at the same time, although the center layer may have to be rearranged to the outside to ensure that all the bacon is cooked to the same doneness. If microwave-

ing more than one layer, put bacon and paper towel layers in a shallow baking dish to catch the grease.

Scrambled eggs, too, cook about 1 minute per egg. For 4 servings, melt 2 tablespoons butter or margarine in a glass pie plate on high 45 seconds. Stir together $\frac{1}{4}$ cup milk with 4 eggs. Beat well. Tilt pie pan to coat thoroughly with butter. Add beaten eggs. Microwave on high 3½ to 4 minutes, stirring after 2 minutes. The eggs cook from the outside edge toward the center. Stir to evenly distribute uncooked eggs to the outside.

The sequence for cooking this simple breakfast is first to cook the bacon. Cover with foil while eggs cook. While eggs cook, make toast, pour juice, coffee and milk.

For a special brunch after church, try microwaved grape-

fruit halves or Spicy Trio served with fresh coffee. (Recipes are from Better Home and Garden's "Microwave Cookbook," Meredith Corp., 1978.)

To "broil" grapefruit in the microwave, cut one in half, then section. Sprinkle with 1 tablespoon brown sugar. Microwave both halves on high 2 to 3 minutes.

Spicy Fruit Trio can be made the day before and served well chilled in sherbet dishes.

Spicy fruit trio

- 1 can (8½ oz.) apricot halves
- ¾ cup water
- 4 whole cloves
- 4 inches stick cinnamon
- 2 oranges, peeled, sectioned
- 1 cup sliced fresh strawberries
- 4 whole strawberries, if desired

Drain apricot halves, reserving syrup. Cut up apricots. In 1-quart casserole, combine reserved apricot syrup, water, cloves and cinnamon. Cook, covered, 3 minutes; mixture will boil.

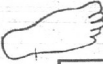
Stir in apricots. Cook, covered, 2 minutes more. Let stand, covered, at room temperature 20 to 30 minutes, or chill.

Remove and discard cloves and cinnamon. Stir in orange sections and sliced strawberries. Spoon fruit mixture into sherbet glasses. Garnish with mint sprigs and a whole strawberry.

Makes 4 servings.

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If you are suffering from pain located at the bottom of the heel, you may have **plantar fasciitis**. Plantar fasciitis refers to inflammation of a ligament that attaches to the heel bone and fans out into the toes. The inflammation may be due to a variety of etiologies, almost all of which can be resolved through conservative treatments. If you have been putting up with this discomfort, feel free to call Dr. Claude Hiles.



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Garden vegetables and rice

- ¾ cup cut fresh green beans
 - ¾ cup thin carrot slices
 - 3 tsp. green onion slices
 - 1 clove garlic, minced
 - 1 tbsp. oil
 - 1½ cups hot cooked rice
 - 3 tsp. soy sauce
 - 1 tsp. shelled sunflower seeds, if desired
- Stir-fry beans, carrots, onion and garlic in oil in large skillet or wok until tender-crisp. Reduce heat to medium. Add rice and soy sauce. Heat thoroughly, stirring occasionally. Sprinkle with sunflower seeds just before serving. Makes 4 servings.

Orange stone soup

- 2 tsp. quick-cooking tapioca
 - 2½ cups orange juice
 - 2 tsp. sugar
 - Pinch salt
 - 2 sticks cinnamon
 - 1½ cups cut-up orange sections with juice
 - 1 pkg. (12 oz.) frozen sliced peaches, thawed, cut in pieces
 - 1 banana, sliced
- Mix tapioca, orange juice, sugar and salt in saucepan. Let stand 5 minutes. Add cinnamon sticks. Bring to boil over medium heat. Remove from heat. Cool 20 minutes. Remove cinnamon sticks. Add oranges, peaches and bananas. Heat. If desired, serve with dairy sour cream and additional orange sections. Makes 8 servings.

Curried cauliflower hors d'oeuvre

- 1 medium cauliflower, trimmed
 - ¾ tsp. salt
 - 2 cups mayonnaise
 - 1 tsp. grated onion
 - 2 tsp. curry powder
 - 1 tsp. garlic powder
- Assorted crackers
- Place cauliflower in large saucepan. Add cold water to cover. Add salt. Heat to boiling. Reduce heat. Simmer, covered, until fork pierces easily about 20 minutes. Drain well. Let cool. Mix mayonnaise, onion, curry and garlic powder in medium bowl. Spread on cauliflower to cover completely. Refrigerate, covered, 24 hours. Set out with small knife for cutting cauliflower and crackers for serving. Makes 8 to 12 servings.

Chocolate-dipped dried apricots

- 1 cup sugar
 - ¾ cup water
 - 48 dried apricot halves (about 10 oz.)
 - 6 oz. semisweet chocolate
 - 1 tsp. shortening
 - 2 tsp. apricot brandy
- Combine sugar and water in saucepan. Bring to boil. Cook 5 minutes. Reduce heat. Add apricots. Gently simmer about 2 minutes. Remove apricots. Cool on waxed paper. In double boiler over simmering water, combine 2 ounces chocolate, shortening, brandy and 2 tablespoons water, stirring constantly until smooth. Add remaining 4 ounces chocolate. Stir until melted. Do not heat chocolate over 90°.
- Dip apricots halfway into chocolate. Remove and cool on waxed paper. Store, covered, in refrigerator. Makes 4 dozen.

Treasured potatoes

- 8 to 10 medium potatoes
 - 1 cup (4 oz.) shredded provolone cheese
 - 1 tsp. seasoned salt
 - ½ tsp. pepper
 - ¾ cup (½ stick) butter
- Boil potatoes until almost tender. Drain and cool. Peel and shred to make 6 cups. Combine potatoes with cheese and onion. Layer one-third potato mixture in greased 9-inch square baking dish. Sprinkle with one-third seasoned salt and pepper. Dot with one-third butter. Repeat layers twice more. May be cov-

ered and refrigerated at this point. When ready to bake, pour half-and-half over all. Bake at 375° for 1 hour or until browned.

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Veggies, seafood join table with Italian accent

Among the many delicious contributions Italians have made to dining is their antipasto, literally meaning "before the meal." The idea of antipasto is to stimulate rather than satisfy the appetite, so Italians have developed a wide variety of tempting, light foods that make tasty, whole-some appetizers for American entertaining as well.

Among the best antipasto ideas are raw vegetables with vinaigrette or light dips. An antipasto tray can include thinly sliced mushrooms, fennel strips, cherry tomatoes, zucchini rounds, asparagus tips, broccoli flowerets, radishes, cucumber slices, carrot sticks, cauliflowerets and green beans.

Another sensational antipasto features seafood with lemon or other light dressing. Try shrimp or mussels cooked in wine, sardines in tomato sauce or fish poached with herbs and served in individual amounts with a low-fat sauce.

Italian antipasto is also known to include cheeses, prosciutto, salami, mortadella and other sausages. The antipasto presented below, based on a dish from a coastal area in Italy, makes an elegant appetizer that is springtime light and bright.

Seafood antipasto

- 1 medium onion
- 1 large clove garlic, coarsely chopped
- 1 dried red chili
- 1 1/2 cups water (or part dry white wine)
- 1 lb. mussels, scrubbed, debearded

- 1 lb. medium shrimp in shells
- 1/2 cup chopped red bell pepper
- 1/2 cup chopped celery
- 1/2 cup diced red onion
- 1/2 cup broccoli flowerets
- 3 tbsp. or more white wine vinegar
- 1 1/2 tbsp. olive oil
- 1 freshly ground pepper

Place onion, garlic, chili and water in large skillet. Cook, covered, over medium heat about 10 minutes until onion softens.

Add mussels. Steam, covered, 5 minutes. Remove opened mussels with slotted spoon. Continue steaming remaining mussels 5 minutes more. Remove from pan, discarding any that do not open. Strain cooking liquid into medium saucepan through sieve lined with dampened cheesecloth or paper towel.

Bring to gentle simmer. Add shrimp. Cook about 3 minutes until pink. Remove shrimp, using slotted spoon.

Shell and devein shrimp. Place in medium-bowl. Shell mussels, discarding black membranes. Add to shrimp. Cool cooking liquid completely. Stir into fish. Refrigerate, covered, overnight.

Drain shrimp and mussels. Transfer to large bowl. Add red pepper, celery, red onion and broccoli.

Place vinegar in small bowl. Gradually whisk in olive oil. Pour mixture over shellfish. Season with pepper and more vinegar to taste. Refrigerate 1 hour before serving.

Yields about 8 servings
Registered dietitian Karen Collins reviews this material for the American Institute for Cancer Research in Washington, D.C.

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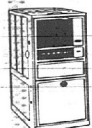
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'87 CAMARO (L) White, Auto, Air, Stereo.	\$7550
'87 FORD TAURUS (L) White, Auto, Air, Stereo.	\$5550
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'88 CHEV. CAVALIER (L) White, Auto, Air, Stereo.	\$4950
'88 CHEV. MONTE CARLO (L) White, Auto, Air, Stereo.	\$6550
'88 FORD TAURUS (L) White, Auto, Air, Stereo.	\$5995
'88 OLDS. SIERRA ROADSTER (L) White, Burgundy Int.	\$6350

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'89 S-10 PU (L) White, Auto, Air, Stereo.	\$9895
'88 GMC 1500 SIERRA (L) White, Auto, Air, Stereo.	\$11,950
'87 MAZDA B2200 (L) White, Auto, Air, Stereo.	\$4995
'87 CHEVROLET S-10 4x4 (L) White, Auto, Air, Stereo.	\$8850
'88 FORD F-150 (L) White, Auto, Air, Stereo.	\$6725
'88 DODGE RAM 250 ROYAL (L) White, Auto, Air, Stereo.	\$6895
'88 GMC K-1500 JIMMY 4x4 (L) White, Auto, Air, Stereo.	\$11,595
'88 CHEVROLET SCOTTSDEALE (L) White, Auto, Air, Stereo.	\$4000
'81 FORD F150 4x4 (L) White, Auto, Air, Stereo.	\$4400
'81 FORD F150 4x4 (L) White, Auto, Air, Stereo.	\$4550
'81 DODGE D-150 PU (L) White, Auto, Air, Stereo.	\$1995

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management and applied technology are major incentives for attracting other transportation, distribution and manufacturing industries to Southwestern Illinois.

McKelvin Wिल्msmeyer, Tri-City Regional Port District board chairman, gave credit to all who assisted in the design and construction of the new facility. "I said he looks forward to the development of 75 additional jobs and 100,000 sq ft of industrial/commercial property adjacent to the new facility and now available for development."

"The new warehouse facility," Foreign Trade Zone expansion is really a small part of the area," he reassured, highly competitive, multi-modal transportation network. "It is a link to the midwestern, national and international markets." Jim McElroy, executive director of the Leadership Council of

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MOUNTAIN DEW, PEPSI OR DIET PEPSI..... 2 liter btl.	.88	1.39	1.49	1.29
LIGHT PRINGLES CHIPS..... 6.5 oz.	1.37	1.59	1.59	1.59
ORVILLE REDENBACHER MICROWAVE POPCORN..... 10.5 oz.	1.89	2.29	2.39	2.39
CAMPBELL'S CHICKEN NOODLE SOUP..... 10.75 oz.	.33	.45	.45	.45
CAMPBELL'S PORK & BEANS..... 53 oz.	1.39	1.65	1.65	1.65
SHOWBOAT PORK & BEANS..... 42 oz.	.95	1.29	1.29	1.29
KRAFT MACARONI DINNER..... 7.25 oz.	.53	.73	.73	.73
OCEAN SPRAY CRANAPPLE COCKTAIL..... 48 oz.	2.29	2.45	2.59	2.59
LEMON LIME GATORADE..... 64 oz.	2.09	2.29	2.29	2.29
GREEN GIANT STEMS & PIECES MUSHROOMS..... 4 oz.	.79	.95	.95	.95
GREEN GIANT REGULAR CUT GREEN BEANS..... 14.5 oz.	.57	.69	.69	.69
LIPTON TEA BAGS..... 100 ct.	2.69	2.99	2.99	2.99
AI PO BEEF CHUNKS DOG FOOD..... 14.5 oz.	.43	.55	.55	.55
WISHBONE ITALIAN DRESSING..... 16 oz.	1.49	1.69	1.69	1.69
PIETER PAN CREAMY PEANUT BUTTER..... 28 oz.	3.39	3.59	3.59	3.59
WELCH'S GRAPE JELLY..... 32 oz.	1.69	1.89	1.89	1.89
KELLOGG'S CORN FLAKES..... 24 oz.	2.39	2.55	2.55	2.55
PURE VEGETABLE CRISCO OIL..... 16 oz.	1.09	1.29	1.39	1.29
KINGSFORD CHARCOAL BRIQUETS..... 20 lb.	5.59	6.19	6.19	6.19
ASSORTED, PRINTS CORONET BATH TISSUE..... 8-Rolls	1.87	2.19	2.19	2.19
KRAFT MIRACLE WHIP..... 32 oz.	1.95	2.19	2.19	2.09

These items were purchased on April 16, 1990 at National at Grand and Chippewa at 9:21 a.m., at Schnucks at 15425 Manchester Road at 9:18 a.m., and at Dierbergs at 5405 Telegraph Road at 9:40 a.m. Due to time required for ad processing, chain store prices may vary from date items were purchased to date of ad publication. The above prices do not reflect manufacturer's deals.

MEAT	Shop 'n Save	NATIONAL	SCHNUCKS	DIERBERGS
HOLTEN QUARTER POUND BEEF PATTIES..... 2.5 lb. red box	5.39	5.98	6.59	6.59
BANQUET BEEF DINNER ENTREE..... 28 oz. pkg.	3.99	4.49	4.49	4.49
LEAN BONELESS BEEF STEW..... lb.	2.19	2.39	2.49	2.99
1/4 PORK LOIN SLICED INTO PORK CHOPS..... lb.	1.89	2.49	2.49	2.49
COUNTRY STYLE PORK RIBS..... lb.	1.99	2.49	2.49	2.49
HUNTER ALL MEAT SLICED BOLOGNA..... 1 lb. pkg.	1.69	1.99	1.99	1.99
FRESH CHICKEN BREAST..... lb.	2.19	2.49	2.59	2.59

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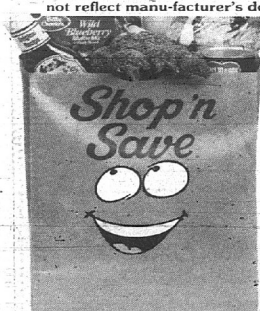
DEANS FRENCH ONION DIP..... 16 oz.	1.15	1.29	1.29	1.29
KRAFT SLICED NATURAL SHARP CHEESE..... 8 oz.	1.99	2.39	2.39	2.39
DANNON PEACH YOGURT..... 8 oz.	.73	.83	.83	.83
KRAFT SOFT PARKAY MARGARINE..... 2-8 oz.	1.48	1.69	1.69	1.69
KRAFT PLAIN VELVEETA LOAF..... 2 lb.	3.79	4.69	4.69	4.69

FROZEN FOOD

TREESWEET UNSWEETENED ORANGE JUICE..... 12 oz.	1.69	1.89	1.89	1.89
NORTH STAR LOTTA POPS..... 24 ct.	1.93	2.29	2.29	2.29
ORIGINAL KLONDIKE BARS..... 6 pk.	3.29	3.59	3.79	3.79
PAPPALO THIN CRUST PEPPERONI PIZZA..... 21 oz.	3.57	3.99	3.99	3.99

FRESH PRODUCE

JUICY RED OR WHITE GRAPES..... lb.	.98	1.39	1.19	1.49
LARGE SIZE TOMATOES..... lb.	.58	.99	1.19	.78
FRESH CRISP LARGE STALK CELERY..... stalk	.68	.99	.99	.89
FRESH GREEN BEANS..... lb.	.68	.99	.99	.99



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Sports

Lady Warriors fall to 3-3

Kahoks, Stars win 1-0 games

By Kathy Rutledge
Correspondent

COLLINSVILLE — A penalty shot in the second half by Lauren Nelson gave Collinsville a 1-0 victory over Granite City on Saturday in girls soccer.

The Lady Warriors followed up Monday with another 1-0 setback, this one at McCluer North, to fall to 3-3.

Collinsville was awarded the penalty shot when forward Jamie Casillas was tripped in the penalty box while attempting a shot on a breakaway.

"Shelly Reynolds was playing aggressively and stabbed at the ball," said Lady Warrior coach Gene Baker. "It was a good call."

Lady Kahok coach Andy Kosberg had Nelson take the penalty shot because of her near-perfect percentage in practice, and Nelson beat Granite City sophomore keeper Leslie Slavely for the game's only goal.

"She has been almost 100 percent," he said. "I thought she'd be the best to do it. Plus, she had just come into the game."

McCluer North, (7-1) is one of the top-rated teams in St. Louis and got a goal with 10 minutes left by Judy Statum to decide Monday's game.

"It was a restart and a little bit of a controversial call," said Baker. "Julie Dempsey had cleared the ball out and there was a foul away from the ball. All the referee said was that it was a blonde-haired girl, Julie Goclan was there, but she said she didn't do anything."

Statum beat freshman keeper Beth Rapoff with a nice shot to the upper left corner.

Collinsville followed up Saturday's win with a 2-1 win Monday over Alton. Logan and Jamie Casillas scored for the Lady Kahoks and Carrie Bechtold scored for Alton as Collinsville improved to 5-0 and Alton fell to 6-4. Carrie Bechtold hit the post in the final minutes for the Redwings.

Kosberg believed Saturday was the first time his team has been truly tested this season.

"They play an extremely high intensity game," he said of the Lady Warriors. "I was very concerned about how we'd perform with a tough team."

"They kept downplaying how well their team was looking this year. I think they were exaggerating a little bit because they looked real good."

"I've been so happy with the kids," Baker said. "We're young. We have seven freshmen on the team and I'm really pleased with them. I think that they (Collinsville) deserved to win the game, though. It was a penalty kick, but it was deserved."

Late in the second half, Granite City had a drive that almost tied the game. Addie Lenzi moved Collinsville goalkeeper Julie Corie out of the box with a low shot that just missed.

The Lady Warriors then kept the ball in the Collinsville end, only to have a shot sail over the net.

Corrie, who has not allowed a goal this season, was tested for the first time, Kosberg said.

"My main concern isn't so much the saves as it is her position," he said. "She's finally got that down. She made some wonderful moves. She's always been good coming out."

Kosberg had also been concerned with the Lady Warriors' play on the wings. Two Collinsville starters, Jackie Herren and Kathy Brown, did not play because of a school trip.

"They kept doing numbers on us, but that was our weak side where Jackie Herren would normally be playing," Kosberg said.

"They played better on the wings than we did. We tend to panic and kick the ball out. They'll bottle up a side and work the ball all the way down the sidelines."

(See SOCCER, Page 2D)



JULIE DEMPSEY of the Lady Warriors gets ready to clear the ball out of danger as a Collinsville player comes up from behind during Saturday's game.

(Staff photo by John Swistak)

Collinsville hosting premier area tourney

By Jim Woodcock
Staff writer

Collinsville High School and Schnucks Supermarkets are teaming this spring to present what they believe will be the premier regular-season girls soccer tournament in the St. Louis area.

The Collinsville-Schnucks Girls Soccer Classic, scheduled through Saturday, will feature seven of the top girls soccer programs in the metro area. Included in the field will be Incarnate Word, the reigning Missouri state champion.

"We've been talking for years about this kind of tournament," said Glen Thompson, one of the tourney coordinators. "We're always trying to upgrade our program at Collinsville and give our girls the best competition. We thought this would be an attraction not only to highlight our program, but for all girls soccer in the St. Louis area. The tourney field will be divided into two four-team pools.

Each pool will play a round-robin format to determine a pool champion and runner-up. Those teams will be played at Van Poyssan Memorial Park on Horseshoe Lake Road (State Aid 35) near Illinois 157.

The pool champions will play for the tourney title at 5:30 p.m. on April 21 at the high school on Morrison Avenue near 157. The second-place teams in each pool will play for third-place honors at 3:30 p.m.

Pool standings will be tabulated by a points system. Six points will be awarded for a win, three points for a tie and one point for every goal scored up to three. Consequently, the most a team can collect in one game is nine points.

Thompson said he likes the idea of having four teams from Missouri and four from Illinois. "The main thing was getting the best teams possible,"

Thompson said. "We sent invitations to a lot of St. Louis schools, and we got a lot of responses. We went through a

(See SCHNUCKS, Page 2D)

19 persons, 2 teams picked for induction

By Al Barnes
Correspondent

GRANITE CITY — Nineteen individuals and the members of two teams have been selected for induction into the Granite City Sports Hall of Fame this year.

Those picked by the 21-man selection committee will be inducted at the fourth annual Hall of Fame dinner to be held May 19 at St. Gregory's Armenian Hall just off Pontoon Road near Illinois 3.

The top vote-getter this year was Jan Gitcho, who will be honored for his feats in high school, collegiate and international wrestling. Other individuals selected were Robert Galvan (soccer), Dave Moss (tennis), Harry Lignoul (baseball, football and basketball), Ed Hoff (baseball and basketball), John Seimeyer (soccer), Carl V. Buehler (football and track), George Gages (basketball, football and baseball), George L. Grimm (baseball and softball), Walt Whitaker (wrestling and football), Glenn Richard Eddleman (fast-pitch softball, billiards and umpiring), William Morris (baseball), Wendell L. Brown (baseball and basketball), Dorothy Jones (McMullen (bowling and golf), Andy Timko (baseball and softball umpiring), John H. Harrison (baseball, fast-pitch softball and team manager at

the high school), Ed Hagnauer (football), Joe Wallace (football, basketball and baseball) and Ed Rich (football).

The two teams to be inducted will be the 1946 Granite City High School football team and the Sacred Heart Catholic Church baseball team which won the Illinois Governor's Cup.

Hoff and Gages were both members of the 1940 GCHS basketball team which won the only state basketball title in Granite City history. Seimeyer was the coach when Granite City won the first of its nine IHSA soccer championships in 1972. Whitaker was the highly successful wrestling coach at Granite City North High School before succeeding Red Schmitt at GCHS in the mid-1980s.

Timko has been a baseball and softball umpire for 50 years. Hagnauer was named most valuable player of the ABC League while at Western Academy. Rich was the quarterback on the 1928 Warrior football team which

(See HALL, Page 3D)

More ladies wanted for Hall

As I make my rounds in Granite City, I frequently get a job from women who want to know why the Granite City Sports Hall of Fame selection committee doesn't pick any women to be inducted.

My answer to that charge is that the committee is getting a bad rap. An examination of the honorees during the first three years shows that nine female athletes have been honored, including this year's single female inductee, Dorothy Jones (McMullen, who was an outstanding fast-pitch softball hurler as well as outstanding in bowling and golf.



Al Barnes

Three women were honored in the charter class of 1967 — Barbara Kerch, Billie Benson Buente and Helen Miks Pfalcan. The second class of 1988 brought another trio — Francis Konkovich, Rita (Snooky) Hennessy and Hilda (Evans) Bow-

(See BARNES, Page 3D)

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Sports

•Schnucks

(Continued from Page 1D)

process of elimination to come up with what we think are the best four."

"They asked us about it," said Lady Warrior coach Gene Baker. "But we were already in the Oakville tournament and we figured we would see enough of Alton and Collinsville in our regular schedule."

April 18
Collinsville vs. St. Joseph, Van Fossan No. 2, 5:30 p.m.

April 19
Alton vs. Incarnate Word, Van Fossan No. 5, 4 p.m.; O'Fallon vs. Rosary, Van Fossan No. 3, 5:45 p.m.; Sacred Heart Griffin vs. Notre Dame, Van Fossan No. 2, 5:45 p.m.

April 20
Notre Dame vs. Collinsville, Van Fossan No. 5, 4 p.m.; St. Joseph vs. Sacred Heart Griffin, Van Fossan No. 5, 4:45 p.m.; Incarnate Word vs. O'Fallon, Van Fossan No. 2, 4 p.m.; Rosary vs. Alton, Van Fossan No. 2, 5:45 p.m.

April 21
Alton vs. O'Fallon, Van Fossan No. 5, 9 a.m.; Incarnate Word vs. Rosary, Van Fossan No. 5, 11 a.m.; Collinsville vs. Sacred Heart Griffin, Van Fossan No. 2, 9 a.m.; St. Joseph vs. Notre Dame, Van Fossan No. 2, 11 p.m.

Third-place game, high school, 3:30 p.m.
Championship, high school, 5:30 p.m.

•Soccer

(Continued from Page 1D)

"What we've been practicing and I try to stress to them—is don't kick the ball out, take them on. Next time I think it will be easier to control them."

The Lady Warriors outshot Collinsville 15-12 and had five corner kicks to three for the home team. It was more of the same Monday as Granite City was outshot 11-9 but had nine corner kicks to only four for McCluer North.

"We had some great pressure the whole game," Baker said. "Their goalie (Trish Schulte) made a great save on Jeanie Grabowski in the final few minutes. Addie Lenzi and Amanda Witter also had chances."

"The girls are playing great, but we've gone up against some good teams."

Granite City hosts Peoria Notre Dame on Saturday at Memorial Stadium. Junior varsity action begins at 10 a.m.

(Some information for this story provided by Dave Whaley.)

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P175/70R13	51	52	P215/70R15	—	70	72
P185/70R13	54	55	P215/75R15	61	70	72
P185/60R13	54	55	P225/75R15	63	74	76
P185/70R14	56	60	P235/75R15	65	74	78
P185/75R14	53	60	P235/75R15	70	78	78
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P185/60SR15	70	—	P195/70SR14	68	67
P205/60SR15	70	—	P195/70SR14	68	67
P225/60SR14	74	—	P205/70SR14	72	72
P245/60SR14	82	—	P215/70SR14	79	79
P255/60SR15	84	—	P225/70SR15	86	86
P265/60SR15	89	—	P235/70SR15	92	92
P275/60SR15	92	—	P255/70SR15	97	97
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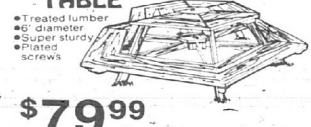
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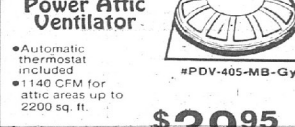


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